

# Adaptive Recreation Spring Programs-1981

The Adaptive Recreation Programs are organized to provide disabled or special individuals the opportunity to be involved in year round recreation programs within the community. The goals of the program are to encourage participants confidence, to teach proper use of leisure time, to appreciate and be involved in community activities, to learn new recreation skills and to promote versatility that will enable some to integrate into regular recreation programs.

## ADULT COOKING



This program teaches the adult developmentally disabled person the basics in cooking, food preparation and clean-up.

AGE: 18 and up  
 WHEN: Mondays, March 30 - June 1 - 5:00 - 6:00 pm; also Mondays, March 30 - June 1 - 6:30 - 7:30 pm.  
 WHERE: A. V. Sorensen Community Center, 4808 Cass  
 COST: \$5.00 material fee.  
 LIMIT: 8 adults per class.

## ADULT CRAFTS



A creative program using various craft techniques designed for the developmentally and physically disabled adult.

AGE: 18 and up  
 WHEN: Mondays, March 30 - June 1 - 7:30 - 8:30 pm.  
 WHERE: A. V. Sorensen Community Center, 4808 Cass  
 COST: \$5.00 material fee.

## PHOTOGRAPHY



This program is designed to teach the developmentally and physically disabled adult some basic facts regarding picture taking, film developing and proper film selection. Each participant must have their own camera.

AGE: 18 and up  
 WHEN: Saturdays, April 4 - June 6, 10:30 - 11:30 am.  
 WHERE: A. V. Sorensen Community Center, 4808 Cass  
 COST: The cost will vary with each participants film purchasing and developing.

## ADULT EXERCISE

A fitness program designed for the developmentally disabled adult with emphasis placed on balance, coordination, gross motor skills and jogging.

AGE: 18 and up  
 Benson Community Center, 6008 Maple  
 Tuesdays and Thursdays, March 31 - June 4, 1:00-2:00 pm.  
 Christie Heights Community Center, 3626 "P" Street  
 Thursdays, April 2 - June 4, 1:30 - 2:30 pm.

## FUN 'N FITNESS

An exercise program provided for the developmentally and physically disabled adult consisting of modified aerobic dance activities.

AGE: 18 and up  
 WHEN: Tuesdays and Thursdays, March 31 - June 4, 7:30 - 8:30 pm.  
 WHERE: A. V. Sorensen Community Center, 4808 Cass  
 COST: \$5.00

## YOUTH CLAY PROJECTS



A creative program designed to introduce the developmentally disabled youth to basic hand-building techniques of clay.

AGE: 10-18  
 WHEN: Tuesdays, March 31 - June 2, 4:00 - 5:00 pm.  
 WHERE: Montclair Community Center, 2304 South 135th Avenue  
 COST: \$7.00 material fee.

## YOUTH BOWLING



A recreational bowling program offering the developmentally and physically disabled youth a chance to relax and meet new friends.

AGE: 10-18  
 WHEN: Saturdays, April 4 - June 6, 9:00 - 10:00 pm.  
 WHERE: King Louie Rose Bowl, 1110 Northwest Radial Highway  
 COST: \$5.00. This fee includes one game and shoes.

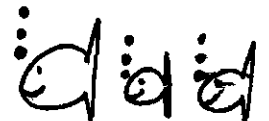
## CHILDREN'S CREATIVE MOVEMENT AND DANCE



A movement program designed to introduce the developmentally disabled child to creative self-expression through music.

AGE: 5-9  
 WHEN: Fridays, April 3 - June 5, 3:30 - 4:15 pm.  
 WHERE: A. V. Sorensen Community Center, 4808 Cass  
 COST: \$5.00

## RECREATION SWIM



A recreational time set aside for the developmentally and physically disabled individual.

AGE: Open to all ages.  
 WHEN: Saturdays, April 4 - June 6, 12:00 Noon - 1:00 pm.  
 WHERE: Montclair Community Center, 2304 South 135th Avenue  
 COST: \$5.00  
 MINIMUM CLASS SIZE: - 6

## SPECIAL EVENTS

Designated social events are being planned for all adult participants. These happenings will be scheduled once a month at one of the community centers or throughout the city. Further information and details will be distributed to participants at a later time.

Marie Cisper, Supervisor



City of Omaha  
Parks & Recreation Dept.  
Suite 701  
1819 Farnam  
Omaha, NE 68183

**ALL PERSONS MUST REGISTER AND PAY FEES TO PARTICIPATE IN THE PROGRAMS!**

**ADAPTIVE RECREATION REGISTRATION FORM**

Name \_\_\_\_\_ Age \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_ Home Phone \_\_\_\_\_  
Activity, Place and Time \_\_\_\_\_ Work Phone \_\_\_\_\_  
In Case of Emergency: (Other Than Guardian) \_\_\_\_\_ Phone \_\_\_\_\_

My child's picture/name/both may be used for publicity purposes YES ☐ NO ☐

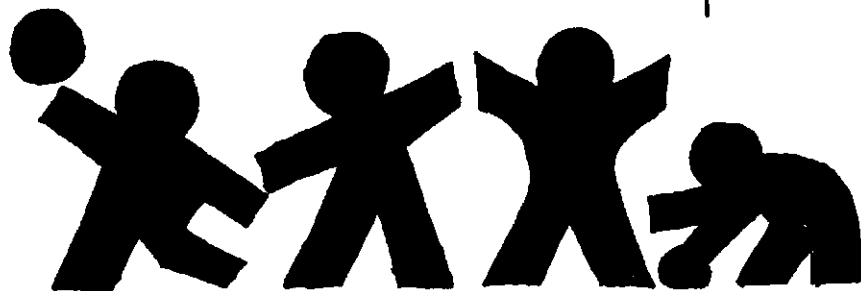
REGISTRATION DEADLINE — March 20, 1981. After deadline phone 444-5935.

Make Checks payable to CITY OF OMAHA.

Mail Registrations To:  
Adaptive Recreation Programs  
Suite 701  
1819 Farnam  
Omaha, NE 68183

Spring  
'81

Adaptive Recreation



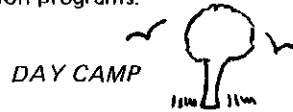
Programs

City of Omaha

Parks & Recreation Dept

# Adaptive Recreation Summer Programs - 1981

The Adaptive Recreation Programs are organized to provide disabled or special individuals the opportunity to be involved in year round recreation programs within the community. The goals of the program are to encourage participant's confidence, to teach proper use of leisure time, to appreciate and be involved in community activities, to learn new recreation skills and to promote versatility that will enable some to integrate into regular recreation programs.



Come and enjoy the great outdoors! During this summer program, both the developmentally and physically disabled youth will have an opportunity to experience nature. The program includes hiking, crafts, games, camp skills and a weekly special event modified to be both exciting and appropriate for the child.

AGE: 8-16  
WHEN: Monday - Friday from 10:00 a.m. - 2:00 p.m. (Please specify your choice of session).  
Sessions 1, 2 & 4 are for the developmentally disabled youth. Session 3 is for the physically disabled youth.

Session 1 July 20 - July 24  
Session 2 July 27 - July 31  
Session 3 August 3 - August 7  
Session 4 August 20 - August 14

WHERE: Hanscom Park  
COST: \$10.00 per participant. Also each child is asked to bring a sack lunch.



Now the developmentally disabled youth has an opportunity to learn some basics of tennis. The goal of the program is to introduce the youth to tennis so he/she can use the skills during their leisure time.

AGE: 10-18  
WHEN: Mondays & Wednesdays, June 15 - July 10 - 9:00 a.m. - 10:00 a.m.  
WHERE: Pipal Park - 7804 Hascall  
COST: \$5.00

## YOUTH SPORTS

What a great way for the developmentally disabled youth to improve his/her motor skills!! During the activity the youth will be given an opportunity to learn game skills and rules, and then cool off in a nice refreshing swim.

AGE: 10-18  
WHEN: Fridays, June 19 - August 14 - 3:00 p.m. - 5:00 p.m.  
WHERE: Montclair Community Center - 2304 South 135th Avenue



## YOUTH WHEELCHAIR SPORTS



This fun time is designed for the physically disabled youth in which the participant can enjoy a wide variety of modified games and sports.

AGE: 10-18  
WHEN: Tuesdays and Thursdays - June 16 - August 13 - 3:30 p.m. - 4:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street

## FUN 'N FITNESS

What a better way to get in shape for your summer bikini!! This exercise program consists of modified aerobic dance activities for the developmentally disabled adult.

AGE: 18 & up  
WHEN: Tuesdays and Thursdays - June 16 - August 13 - 7:00 p.m. - 8:00 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street  
COST: \$5.00

## ADULT COOKING



This is a great chance for the developmentally disabled adult to learn the basics in cooking, food preparation and clean up while socializing with friends over an evening meal.

AGE: 18 & up  
WHEN: Mondays - June 15 - August 10 - 5:00 p.m. - 6:00 p.m.  
Mondays - June 15 - August 10 - 6:30 p.m. - 7:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street  
COST: \$7.00

## ADULT CRAFTS



A creative program using various craft techniques designed for the developmentally and physically disabled adult.

AGE: 18 & up  
WHEN: Mondays - June 15 - August 10 - 7:30 p.m. - 8:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street  
COST: \$5.00

## ADULT SPORTS



A new program that is designed to introduce the developmentally disabled adult to team sports. It is a fun time that allows the participant to develop skills, learn rules and know good sportsmanship.

AGE: 18 & up  
WHEN: Tuesdays - June 16 - August 11 - 7:30 p.m. - 8:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street

## WHEELCHAIR SPORTS

This active program is designed to introduce the physically disabled adult to wide variety of modified sports.

AGE: 18 & up  
WHEN: Wednesdays - June 17 - August 12 - 7:30 p.m. - 8:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street

## RECREATION SWIM



This is a nice opportunity for both the physically and developmentally disabled person to improve their motor skills in a fun recreational swim.

AGE: Open to all ages  
WHEN: Saturdays - June 20 - August 15 - 12:00 noon - 1:00 p.m.  
WHERE: Montclair Community Center - 2304 South 135th Avenue  
COST: \$5.00

Sponsored By  
City of Omaha - Parks & Recreation Dept.





#### CHILDREN'S COOKING

Let's cook up a storm! This program is designed to introduce the developmentally disabled child to the basics of cooking, food preparation and cleanup.



AGE: 8-15  
WHEN: Tuesdays - June 16 - August 11 - 5:00 p.m. - 6:00 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street  
COST: \$7.00

#### ICE SKATING LESSONS



What better way to cool off this summer than ice skating lessons!! New to the programs are instructional skating lessons. Class will be conducted by John Wertz, a National Competitor and Internationally experienced figure skater. In addition, John has also had experience teaching lessons to special populations.

AGE: 8-15 developmentally disabled children  
WHEN: Fridays - June 19 - August 14 - 5:00 p.m. - 5:45 p.m.  
WHERE: Hitchcock Ice Arena - 45th & "P" Streets  
COST: \$10.00 includes skate rental

Minimum class size - 6 participants

#### GOOD TIMES SOCIAL CLUB



This is an adult recreational/social program which provides the developmentally disabled person an opportunity for getting together with friends and sharing new experiences.

AGE: 18 & up  
WHEN: Thursdays - June 18 - August 13 - 8:30 p.m. - 9:30 p.m.  
WHERE: A. V. Sorensen Community Center - 4808 Cass Street

SPECIAL NOTE: Besides the weekly meeting we will be having a monthly special event.

#### HELP WANTED

*VOLUNTEERS interested in working with Disabled Individuals.*

#### CONTACT:

Adaptive Recreation Programs  
Suite 701, 1819 Farnam Street  
Omaha, NE 68183  
444-5935

### ADAPTIVE RECREATION REGISTRATION FORM

**ALL PERSONS MUST REGISTER AND PAY FEES TO PARTICIPATE IN THE PROGRAMS!!**

Name \_\_\_\_\_ Age \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_ Home Phone \_\_\_\_\_  
Activity, Place and Time \_\_\_\_\_ Work Phone \_\_\_\_\_  
In Case of Emergency: (Other Than Guardian) \_\_\_\_\_ Phone \_\_\_\_\_  
My child's picture/name/both may be used for publicity purposes YES [ ] NO [ ]

REGISTRATION DEADLINE - June 12, 1981. After deadline phone 444-5935.

Make Checks payable to CITY OF OMAHA.

Mail Registration To:

Adaptive Recreation Programs  
Suite 701  
1819 Farnam  
Omaha, NE 68183

City of Omaha  
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Omaha, NE 68183



# GOARC gazette

VOL XIV NO 5 GOARC - THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS JUL 82

## TITLE XIX REQUEST SUBMITTED

By Dan Costello

On May 27, 1982 Governor Thone signed a brief letter to the Deputy Undersecretary for Inter-Governmental Affairs requesting consideration for Nebraska's application to utilize Title XIX (Medicaid) funding in community programs.

The Nebraska request was the culmination of a long struggle to convince state officials that this newly authorized use of Medicaid money was in the interest of both the state, and Nebraska's mentally retarded citizens and their families.

As many of our readers are aware, letters have been requested by the ARC since last fall to convince our state officials of the support for the request. In early 1982, the ARC of Nebraska flew in one of the staff members from the ARC of the US's Governmental Affairs Office in Washington, D.C. to discuss the Medicaid "waiver" with representatives from state government.

The use of the "waiver" was also supported by the staff of the Office of Mental Retardation who were ultimately responsible for most of the content of the "waiver" request.

Traditionally, Medicaid funding has been tied to medically oriented services. Most of the money for programs for people with mental retardation has gone to large institutions and nursing homes. Although some money has been available for smaller group homes, many of the medically oriented restrictions were still a part of the regulations.

Near the beginning of the Reagan administration, there was a substantial shift in the way in which Medicaid money could be used. If states apply for a "waiver" the money can be used to

prevent institutionalization - the medically oriented restrictions can be waived - if the services to be provided can be shown to be less expensive than institutionalization.

The "waiver" request which was submitted over Governor Thone's signature will mean some very important changes if the federal government approves its content.

Those who will be eligible for Medicaid funding will include people with mental retardation and people who are diagnosed as chronically mentally ill.

The plan includes funding of 365 persons with mental retardation over a three year period.

"Only mentally retarded clients in need of a comprehensive array of services, equal in intensity to those delivered in an intermediate care facility (like a nursing home) will be de-  
TITLE XIX Continued on page 2.

## DIALOGUE OPENS BETWEEN PARENTS AND O.P.S.

By Dan Costello

GOARC's Educational Services Committee has begun a new dialogue with the Omaha Public Schools.

At the June meeting, Dale Samuelson, Assistant Superintendent for Special Education in the Omaha Public Schools, and Dr. Joe Gaughan agreed to actively participate in the Committee's work as the first step in opening a new channel of communication between school administration and the parents of mentally retarded students. Parents on the Educational Services Committee greeted this commitment with enthusiasm and expectation.  
Educational Services Continued on page 3.

TITLE XIX Continued from page 1.  
terminated eligible." In addition to the need for a level of care equal or greater than that provided in a "Skilled Nursing Facility" or Intermediate Care Facility, clients must meet income eligibility requirements and it must be shown that a community based services can meet the identified needs of the individual.

The range of services that can be provided to meet those needs is substantial. Included in the list are: transportation, therapies, direct programming for self-care skills development, program supplied and case management.

Not included are room and board costs!

"Clients will be in a supervised living environment, travel to a day program for skills development, and be assigned to a case manager. The case manager will refer and coordinate both specialized and generic services required by the individual plan of service. Case management is not to be viewed separate but rather an integral element of the . . . service."

Under the waiver, each mental retardation region will be certified as a Medicaid provider.

Private facilities (ICF/MR) may also participate in the provision of services under the waiver.

Three "classes" of people will be created by the waiver. First are those who are currently in BSDC (Beatrice State Developmental Center). Second are those from the community who are requesting admission to an ICF/MR facility, but who are not receiving community-based services. Third are clients already in community programs who need ICF/MR level of services. Both the first and second groups of people will count as BSDC placements because provision of services in both cases will mean a reduction of the number of beds in BSDC.

In the first fiscal year (1982-83) up to 80 clients will be moved from ICF/MR facilities (this category includes those applying for admission to BSDC, but who are not yet receiving community-based services) with up to 80 additional clients "placed out of state operated ICF/MR facilities" for each additional fiscal year for a total of up to 240 people. For the three year period there will also be up to 125 clients who would be admitted to institutional programs if it were not for the waiver, but who are already receiving service through the community programs under the 035 designation. (For more information on 035 see the June edition of the GAZETTE.)

At this writing we do not know whether the federal government will approve the waiver as submitted or not. A number of the surrounding states have submitted waiver requests, and several have received approval already.

It is also not known at this time what the total impact will be on community programs or the ICF/MR's in Nebraska.

To all of our readers who wrote letters to the Governor and other state officials, this is the product of your labors. We appreciate your support in this, and we hope that the results will justify the work.

## SOFTBALL RESULTS

by Mary Fischer

Twenty-six Omaha teams competed in the Second Annual ARC/Pepsi Softball Tournament held June 12 and 13 at Hefflinger Fields. Despite a two-hour delay due to rain on Saturday, the weekend weather was satisfactory.

In the men's division, Cardinal Fence and KFAB/KGOR battled it out for first place, with Cardinal Fence coming up the winner in the second game. King Transfer followed at third.

In the co-ed division, Pork Chop Bar took first, followed by Tibkes and Jerry's Parkway, respectively.

The Texas Tournament winners were Jaspers (co-ed) and Universal Technical Institute (mens).

The highlight of the tournament was the Midlands Hospital Team coached by Cathi Benak. This team was an active example of integration, with at least two hospital patients in the lineup at all times. I was very impressed with the team, yet I must admit that I felt bad that we had not followed their example and played people with handicaps. Next year I hope the ARC teams will include at least two people with mental retardation.

We were lucky this year to be sponsored by the Pepsi Cola Company, thanks to John Hauck, Publicity Coordinator for the Tournament. Please take a minute to write Buzz Stibbs at Pepsi Cola and thank him for sponsoring us. We need Pepsi's support again next year.

We were also lucky to have such a hardworking Chairman, Jim Brentlinger; Assistant Chairman, Mike Boehmer; Raffle Coordinator, Mary and John Clark; Recruitment Coordinators, Barb

# THE HUMAN HORIZONS SERIES

## WE CAN SPEAK FOR OURSELVES

Self Advocacy by Mentally  
Handicapped People

by  
**Paul Williams and  
Bonnie Shoultz**

Mentally handicapped people have historically been among the most devalued, neglected and abused groups in society. But in America a most exciting, impressive and politically powerful movement is developing: the 'self-advocacy' movement. At last mentally handicapped people are being shown that they, too, have the right to speak for themselves - they can formulate their own needs, make decisions and act on them instead of having to constantly depend on 'normal' people. As a result, they achieve self-respect, the respect of others, and can take up a valued and equal role in society.

WE CAN SPEAK FOR OURSELVES describes the valuable work being done in America and includes some moving and inspiring passages by some mentally handicapped people who have, as a result, found new purpose and happiness in life. The book discusses the growth of the international 'People First' movement and its development in the United Kingdom.

Practical advice is given for those involved in encouraging the mentally handicapped to start their own self-advocacy groups, e.g. Adult Training Centre staff, hostel workers and parents, with models and ideas based on the themes of rights, responsibilities and campaigning methods.

PAUL WILLIAMS is Tutor Organiser at the staff training centre of the Spastics Society, Castle Priory College in Wallingford, Oxon.

BONNIE SHOULTZ lives in Omaha, Nebraska. She is deeply involved in the self-advocacy movement in America and in Project II and 'People First' of Nebraska.

(in Nebraska, add 5% tax: 70¢ or 55¢; for mailing, add shipping cost: 86¢ cloth, 45¢ paper)  
Price: PAPER \$10.95 CLOTH \$13.95  
Published in the **Human Horizons** series by **Souvenir Press Ltd, 43 Great Russell Street, London WC1B 3PA**



### ORDER FORM

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OMAHA, NE 68102



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Educational Services Continued from page 1. This spirit of cooperation follows GOARC's clarification of its goals regarding educational programs. For the past three months the ARC has been meeting with individual parents and representatives of other parent groups to clarify and consolidate the concerns and hopes of parents. The product of this work was the adoption of a 10 point program of goals by the Educational Services Committee and the Executive Committee. These goals then became a formal part of GOARC's work in educational service work.

The goals are as follows:

Goal #1

To achieve meaningful parent input in all placement and program decision-making at the initial stages of that process, and to insure continued parent involvement throughout the process.

Goal #2

To achieve more continuity in the educational experience for all special education students.

Goal #3

To revise current curricula and "grouping of students" to allow for more flexibility in placement and programs.

Goal #4

To insure the availability of reading to all students whose needs and abilities indicate it appropriate - regardless of current curriculum or classification limitations.

Goal #5

To insure that current disciplinary codes do not discriminate against handicapping conditions.

Goal #6

To seek less delay in the implementation of home-bound programs following diagnosis of a handicapping condition.

Goal #7

To insure an integration ration of no less than 1:1 in all pre-school programs.

Goal #8

To provide more job training and placement programs for all special education students.

Goal #9

To Provide aides in all special education classrooms.

Goal #10

To provide for more communication among schools, community mental retardation programs, and generic agencies serving people with handicaps.

GOARC's Educational Services Committee is a Standing Committee of the GOARC Board of Directors. The Committee is composed of two members of the GOARC Board and a number of other volunteers.

For more information about the Educational Services Committee call Dan at 348-9220.

On May 7th, the GOARC members present at Awards Night elected the 1982-83 GOARC Board of Directors. Members of the 82-83 Board are as follows:

EXECUTIVE COMMITTEE

President: Bonnie Shoultz  
First Vice-President: Tom Kodera  
Second Vice-President: Phil Gray  
Secretary: Paula Hyland  
Treasurer: Burt Christopherson, Jr.  
Member-at-Large: Patty Smith  
Immediate Past President: Craig Fecker

ADMINISTRATIVE SERVICES COMMITTEE

Chairman: Mike Linn  
Members: John Clark  
Cheri Dean  
Jack Demay  
Peggy Downing  
Sister Mary Evangeline  
Joan Goodall  
Tom Houlihan  
Lois Rood  
Shirley Scritchfield  
Debi Vinson

EDUCATIONAL SERVICES COMMITTEE

Chairman: Gary Fischer

Vice-Chairwoman: Jan Taylor

VOCATIONAL SERVICES COMMITTEE

Chairwoman: JoAnn Balçetis

Vice-Chairman: Jim Brentlinger

RESIDENTIAL SERVICES COMMITTEE

Chairwoman: Neva Baumann

Vice-Chairwoman: Dianne Ienn

ENCOR Advisory Representative: Bill Wills

OPS Special Ed Advisory Representative:

Glenda Davis

Pilot Parent Advisory Representative:

Willie Adams

Project II President: Ollie Rector





# GOARC IN ACTION

## ADVOCACY

### ENCOR TASK FORCE

The ENCOR Task Force, now a Standing Task Force that reports directly to the GOARC Executive Committee, met to discuss ways to monitor the effects of the budget cuts in the 1982-83 ENCOR budget. Three areas were of specific concern: the impact of the cuts in speech, occupational and physical therapy; the impact of the cuts in the number of advisors; and the impact of the cuts in staff training. The Task Force recommended that data be compiled for comparison to the past several years and that both the historical and current information go to the Quarterly Report Sub-Committee of the ENCOR Consumer Information and Rights Council (CIRC). The Quarterly Reports Sub-Committee is currently responsible for the quarterly review of investigations, appeals, waiting lists, etc.

### PROJECT II

The last two Project II meetings have featured readings from the new book We Speak For Ourselves, co-authored by Bonnie Shoultz, the current GOARC Board President.

Project II sponsored a picnic in honor of Tom Miller who was recently wed to Janet Ansell.

Planning continues for the People First Convention which will be held in Kearney, NE in the latter part of October. Project II always has a large role to play in the planning and the convention itself.

### GOVERNMENTAL AFFAIRS

While it may seem a little far from the Legislative session or the November elections to discuss governmental affairs, GOARC is beginning to recruit volunteers for a standing Governmental Affairs Committee. The role of the Committee will be to meet monthly to discuss legislative and electoral issues, and to mobilize support, when necessary, around specific legislative concerns - both at the local and national levels.

If you are interested in volunteering for this Committee, please call Dan at 348-9220.

GOARC has sent a letter to Governor Thone thanking him for his submission of the Title XIX waiver request. (See page 1.)

### RESIDENTIAL SERVICES

The Residential Services Residential Monitoring Team visited its first non-ENCOR house in May. The Team visited Youth Care, Inc. a private, non-profit home for young men. The report will be finalized at the July meeting of the Committee.

### VOCATIONAL SERVICES

The Vocational Services Vocational Monitoring Team has visited three vocational programs in the past two months. Members reviewed Trades Unlimited, a private non-profit business that trains mentally retarded students while producing a valve which is marketed by the Corporation.

The Team also visited the Vocational Development Center in Council Bluffs. This workshop differs somewhat from the programs in Nebraska in that it serves people with all handicapping conditions. A number of contracts were being worked on at the time of the visit. Additionally the workshop hopes to establish a Work Station in one of the highly prestigious Omaha firms in the near future.

The Team also met with the Placement Director for ENCOR. He explained to the Team that the Placement Office provides employment for from 1 to 2 people a month with a 60% retention rate through its staff of two professionals and one support secretary.

In addition to the vocational monitoring, GOARC has a representative on the Mayor's Committee on the Handicapped's Employment subcommittee. The Committee will involve itself in education and needs assessment. Mayor Boyle has been very supportive of the work of the Committee to date, and we hope that his support will lead to increased awareness in the larger Omaha community of the employment needs of handicapped people.

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SEPTEMBER 2 ----- GOARC FORUM ON  
GUARDIANSHIP AND ESTATE PLANNING

# FAMILY SUPPORT

## SITTER/COMPANION UPDATE by Carol Marino

"Being a sitter/companion has been a good experience for me." Dawn feels many people are fearful of children and adults with handicaps. "Being a provider helps you eliminate those fears and create an understanding that handicapped people are just like you and me."

. . . .Dawn Dodenhof, Sitter/Companion Provider

June has been an exciting month for the Sitter/Companion Program!

The completion of the third sitter/companion training held in May at MCRI produced the certification of 7 highly qualified sitter/companions to the program. This brings the total number of sitter/companions to 45.

The addition of 10 new families in the month of June brings the total number of families registered with the program to 60.

The Sitter/Companion program had the privilege of assisting the National Society for Autistic Children and Adults conference being held in Omaha at the Red Lion Inn, July 6 - 10. Providers were referred to Mary Pape, Chairperson of Local Arrangements. Conferences requesting sitter/companion services are handled on a one-at-a-time basis with approval by the Executive Committee of the ARC Board of Directors.

Sitter vs. Burnout, World Herald article, 5-30-82, generated numerous calls from persons interested in being sitter/companions and families requesting information and registration materials. The article also generated calls from agencies, families, and individuals inquiring about personal attendant, day, and before and after school care. The sitter/companion program is designed to provide short-term relief to parents/families or guardians of persons with any developmental disability (mental retardation, cerebral palsy, autism, and others). Most of our providers are available evenings and weekends. If you or anyone you know is interested in being a sitter/companion (especially attendant and day care) or you would like to receive the services of a sitter/companion, please call the GOARC office at 348-9220.

"It is reassuring to know that the Sitter/Companion Program is available. I feel confident and assured that my daughters are in good hands."

. . . .Debbie Solomon, Parent

## PILOT PARENT PROGRAM by Janet Miller

June brought with it the much desired sunshine and two fun Pilot Parent activities.

Janet DeScisio opened her home to eleven mothers and fifteen children who attended a mothers coffee there on June 16th. Martha Jones, from Tallahassee, Florida was a special guest for the day. She was in Omaha to get information on the Pilot Parent Program.

The annual backyard Bar-B-Q for Pilot Parents was held at the home of Harv and Brenda Sutton. Everyone brought hamburgers to grill and lots of other side dishes. In addition to the Pilot Parents, two gentlemen from Channel 3 television were there. They taped the cookout and parts from it will be used in an upcoming program in which the Pilot Parent Program will be featured. More details on this later.

We received four referrals to the Program during the month of June. Many thanks to the Pilot Parents who are working with these families.

Plans are underway for three events in July:

The Annual Pilot Parent Picnic will be held on Monday, July 19th, at Cooper Farm. This picnic is a tradition with the Program. We have lots of food, play games, and have a wonderful time. The entire family is invited.

Two parts of a four-part series of parent coffees will be held in July. The topics for these sessions will be directed at answering questions asked by parents of multiply and/or physically handicapped children. Occupational and physical therapists will provide information on such things as position handling, feeding, bathing and relaxation techniques. Representatives from the dental clinic at the Meyer Childrens Rehabilitation Institute will be demonstrating oral hygiene techniques. For information on the location, time and dates of these coffees, contact Janet at the ARC office.

## GOARC IN ACTION, CONTINUED

TGIF\* by Dena Launderville

TGIF\* was formed by the ARC (Association for Retarded Citizens of Greater Omaha) and the Adaptive Recreation Program in cooperation with the Christ Child Society. When the Christ Child Society offered the use of their facilities (pool included) both Cathy Andrews (Adaptive Recreation) and Dan (ARC's Executive Director) jumped at the opportunity. Dan came back to the office and asked me to contact Cathy. Mary Fischer (ARC staff) and I had talked about the lack of age appropriate social experiences for people with handicaps in our own age group. So we took our suggestions of limiting the ages to 20's and 30's to a meeting with Cathy, David Watt and Cheryl Lee (ARC volunteers) and presented it hoping we could work together and come up with a plan that would benefit us both in utilizing the facilities.

The planning group agreed that there was a need for a social group for young adults, who were still in need of peer support and friendship. The age limit was then set from age 20 to 39.

At the meeting, Cathy explained that she had already contacted and confirmed Friday nights from 5-8 PM as the nights and time the group would meet and that we use the initials TGIF\* for the name. (\*Thank Goodness Its Friday)

After dodging summer vacation, Cathy's work programs, legal holidays, and Project II activities, we came up with eight (8) dates during the summer in which we thought the group could meet.

Our first meeting. Well, it would have to be something that would draw people's attention. A Bar-B-Q, always a great get-together. Why not? Allright, there, our first activity was solved. Swimming would be available from 5-6 and then we would spend time on the Bar-B-Q and just socializing. Getting re-acquainted with people we knew but haven't seen for a long time and meeting and talking with those who have never been involved.

The ARC office mailed out 300 TGIF\* registration flyers, contacted ENCOR advisors, vocational and residential coordinators with information on the new group. Cathy Andrews also mailed out flyers to people who attend-

ed her programs. A pre-registration form was enclosed to help us plan the food. We were on our way to letting people know about this group.

June 18th. TGIF\* is off and running with a first successful activity. We had 12 people participate in the swimming pool (with more promising to show up the next meeting), swimming, playing ball, jumping off the board, and just splashing and having fun. Twenty-two (22) more people showed up for the Bar-B-Q to make our total 45 (this included staff and volunteers). We grilled hotdogs and hamburgers, had chips and baked beans, with lemonade and punch to drink. To top off the entire meal we had (great tasting ) watermelon.

After everyone had satisfied their hunger, and we cleaned up the dining room, everyone did what they wanted. Some just sat and talked while others decided to play basketball in the gym.

The group ended at 8:00 PM with everyone looking forward to the next meeting.

Of the group that was there, we had 21 people in their 20's and 7 people in their 30's. Some came from home, and others from ENCOR residences, and still others came from the Omaha Manor.

If you are interested in joining or you have a son or daughter you would like to see involved with this group, please call me. My number is 348-9220, or stop by the office. You are more than welcome to attend and see for yourselves if this is something you or your son/daughter would be interested in.

Future dates that the TGIF\* Group will meet are: June 25, July 9, 16 and 30, and August 6, 13, and 20.

We sure would like to see you there!

For those of you over age 40, who do not qualify for the TGIF\* Group, Project II is the group for you. Project II meets monthly to discuss different subjects. They have been working lately on setting up a People First Conference (a state-wide convention). They also do social activities. The next social meeting will be August 1st. At this time a picnic is being planned. Call the ARC for more details.

Softball Results Continued from page 2.

Stewart and Mary and Larry Quandt; and Publicity Coordinator, John Hauck. These people worked hard to make the tournament successful and they did exceed the net goal.

When the tournament was organized for the first time in 1981, I predicted that each year we would build on what we learned the previous year. This is coming true. The support this year was greater -- among members, among volunteers, and among teams. This pattern is still true, as we will be joined next year by Bob Shrader (King Transfer) on the Steering Committee. Bob is very experienced in the game, has been an umpire and has been active in tournaments (with names like Alex Sporting Goods) for years. He lends the sophistication and organizational skills that we need to round out our committee of dedicated, hard-working volunteers.

And if you're dying to know the results of the raffle:

MR. T'S WATERBED - Pam Weberg  
RADIO ENGINEERING AM/FM EIGHT TRACK & TUNER - Ken Meadows, Sandy Bauwens  
SENATOR DAVE NEWELL'S NEBRASKA TICKETS - Deni Rhoades  
SPORTS CORNER SAILBOARDING LESSONS - Michelle Rath  
COMMERCIAL FEDERAL'S HAND HELD CALCULATOR WITH TAPE - Jim Ceutsinger  
FIRST FEDERAL LINCOLN'S DESK LAMP - Joe Christiansen  
HANEY SHOES GIFT CERTIFICATE - Merle Marymee  
MONTGOMERY WARDS CUT & STYLES - Bob Peterson, Joe Zink, Lora L. Cobb  
JIFFY LUBE CAR WASHES - Kathy Foral, Rick Selva, Carol Johnson, Pete Smith, Dorothy Franklin  
MUSIC EXPRESS ALBUM - Jim Todero  
ELDRIDGE BROKERAGE CO. M.U.S.T. TICKETS - B. Denny, Wanda Tibke  
MAPLEWOOD BOWLING - Brandon Simpson  
KING LOUIE BOWLING - Jack Dawson, Connie Springs  
B.F. GOODRICH COLD CUPS - Joyce Gray, R. Mahowald, Janet Verzal

The highest ticket seller among members was Gary Fischer. Second highest Karen Springs. Thank you members for your tremendous support. We sure had a great time putting it all together.

Correction - In the June edition of the Gazette we incorrectly said that the ENCOR respite program provided up to 25 days a month. That should have read up to 25 days a YEAR!

## MEDIA NOTES

by Mary Fischer

May was a good month for the ARC to get out in the public eye. We responded to the Indiana Infant Doe Court Case directly on the Channel 7 noon news, and indirectly with a special "Sunday Friends" television show on Down's Syndrome. The new Sitter/Companion Program received front page billing on the Today's Living Section of the Omaha World-Herald last month. And, amidst this activity, Softball, Vocational and National ARC Public Service Announcements were used locally on television and radio stations.

The Indiana court case, which ruled that withholding treatment was a form of treatment (in this case withholding food and surgery to correct an esophageal defect in a baby with Down's Syndrome) shocked many of us, including columnist George Will. While Will's article on that ruling brought the issue into the open, the ARC went a step further by attempting to give people examples of what parents of children with Down's Syndrome felt about the ruling. Darlene Hawley, a member of the Pilot Parent Advisory Committee, talked with Rolanda Taylor about her feelings on the Channel 7 noon news. Darlene reiterated what many of us felt instinctively - that had the child been born without Down's Syndrome, the surgery would have been performed as a matter of routine.

On Channel 7's "Sunday Friends" show, Dr. Cordelia Robinson of the MCRI Infant Program explained many of the myths surrounding Down's Syndrome, and spoke about infant stimulation and how it is being used today. Parents in the audience talked openly about their kids (whom they brought with them) - their expectations, fitting them into their families, and support groups that helped them out.

## MARYLAND COURT RULES IN STERILIZATION

According to a story from the Associated Press, the Maryland court of appeals ruled that courts have the power to allow the sterilization of mentally retarded persons. The standards set by the court included the stipulation that there must be "clear and convincing medical evidence that the operation is necessary for the life, mental health or physical health of the child."

# SUPREME COURT RULES IN YOUNGBERG

By Dan Costello

In January, GOARC presented the details of a Supreme Court case known as Youngberg v. Romeo to the general membership meeting. The case was argued on January 11, 1982, and was decided on June 18, 1982.

Briefly, Romeo, who is mentally retarded and was committed to the Pennsylvania state institution at Pennhurst, was injured over a long period of time and was shackled to his bed. The attorneys for Mr. Romeo argued before the Supreme Court that the Fourteenth Amendment to the Constitution provides a constitutionally protected interest in safety, movement, and training. And, that the administration of Pennhurst had violated his constitutional rights by failing to insure his safety, by failing to provide a treatment which allowed his freedom of movement, and by failing to provide training programs for him.

The state conceded that persons committed to state institutions had a right to "adequate food, shelter, clothing, and medical treatment", but that this was the limit of the constitutionally safeguarded conditions of confinement.

The Court, in a unanimous decision, held that "the right to personal security constitutes an 'historic liberty interest' protected substantively by the Due Process Clause. . . . If it is cruel and unusual punishment to hold convicted criminals in unsafe conditions, it must be unconstitutional to confine the involuntarily committed - who may not be punished at all - in unsafe conditions."

The Court also held that there is a constitutionally protected right to freedom from bodily restraint.

It was the claim that the state was constitutionally required to provide both care and training that the Court felt was "troubling". "As a general matter, a State is under no constitutional duty to provide substantive services for those within its border." However, the Court had already held that there was a constitutionally protected right to freedom from harm and to freedom from bodily restraint. Some of the briefs presented to the Court had argued that there is a logical tie between the training that one receives and the ability to avoid regressive self-abusive behaviors which provide the occasion for consequences of harm and restraint. In other words, the Court held that the state must, at least, provide that training which would be necessary by those who are involuntarily committed to learn how to avoid self-abuse, and to learn how to avoid behavior which would lead to restraint.

"Respondent, in light of the severe character of his retardation concedes that no amount of training will make possible his release. . . . respondent seeks only training related to safety and freedom from restraints. . . we agree . . . and conclude that the respondent's liberty interests require the State to provide minimally adequate or reasonable training to ensure safety and freedom from undue restraint. . . we need go no further in this case."

This is a conservative ruling, but one which makes it clear that the claim that one must provide ONLY care is no longer constitutionally sound.



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# GOARC gazette

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## PILOT PARENT PICNIC, 1982

By Dan Costello

On July 19th, the annual Pilot Parents Picnic was held at the Cooper Farm. The event attracted nearly 100 people who shared companionship, pot luck, and an evening of fun.

There was a clown making balloons. There was a pinata. There were games and a sing-a-long.

Perhaps, more than the food and fun (although there was plenty of both) it was a chance for families of handicapped children to come together and share the sense of community and closeness that is the real 'trademark' of the Pilot Parent Program.

A special vote of thanks goes to the volunteers who assisted some of the multiply handicapped young people to insure their full participation in the picnic and the other events.

See you all again next Summer!!!!



# GUEST EDITORIAL

By Barbara Wilcox.

This piece first appeared as "Mastering Prerequisite Skills: The Readiness Logic" in the publication of The Association for the Severely Handicapped (TASH) - the Newsletter. Ms. Wilcox is with the Center for Human Development at the University of Oregon.

FRANCEY is six years old and attends a program for severely handicapped students in a local elementary school. She is not toilet trained and she does not have toilet training on her IEP. She does, however, spend time every day learning to stack graduated rings on a cylinder. This task, Francey's teacher tells us, is typically mastered by normal children before the age when they are fully toilet trained. Though the teacher relates that toilet accidents are indeed a problem, he still thinks Francey is not ready for toilet training.

UNA is fourteen. She attends a public school program that emphasizes functional academic skills for more severely handicapped students. Una has been working on money related skills for several years. Staff of the program regard the money curriculum sequence as especially important since using money is basic to many work, leisure and independent living skills: you need money skills to shop for groceries, use vending machines, ride the bus and so on. Una is currently hard at work learning to count out coin combinations for amounts less than twenty dollars. Once she reaches criterion on this goal (and on some supporting motor and social goals) she will be ready to begin grocery shopping.

CLARK is twenty-two and enrolled in a work achievement center in his home town. At the achievement center, staff concentrate on behavior management, fine motor skills and basic self-help tasks. When Clark masters the goals established by the work achievement center, he will be ready to move to a work activity center where he will, in turn, work on goals to get him ready for a sheltered workshop.

CARLA is seventeen, but does not qualify for the "vocational track" provided to severely handicapped high school students in her special education cooperative. Instead, Carla works on leisure and independent living goals. A major priority is the area of mobility. Carla is progressing through a carefully structured mobility curriculum. When she masters a set of

basic survival skills (knowing her address and telephone number along with her mother's and father's names, carries a purse, knows the parts of the telephone, and the importance of police and fire stations), she will be ready for pedestrian training, then for bus training, and perhaps eventually for training to ride a bike, use a taxi and be an appropriate passenger.

Sad but true.

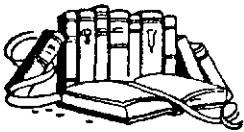
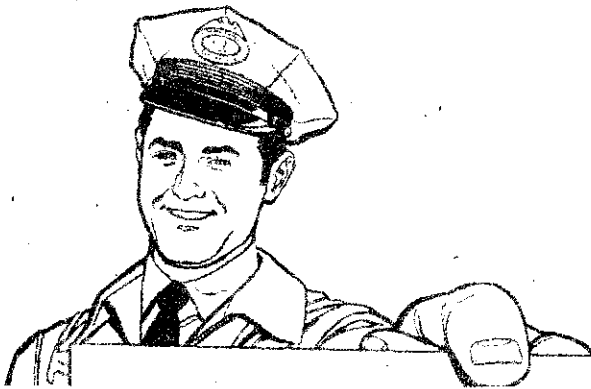
If you're ready and you know it, clap your hands.

Unfortunately, there is not a lot of clapping. Well who, then, is responsible for the silence? Instead of blaming handicapped students for being too retarded or too delayed and not yet ready, let's try for at least a moment, another hypothesis: that we professionals are the real readiness problem.

The readiness logic and its variations pervade and pervert special education and other service programs for individuals with severe handicaps. Readiness lurks in the statements of "prerequisite behaviors" that introduce a task analysis. It perverts developmentally based curriculum sequences. No one, of course, can deny the existence of statistically normal sequences of development. The problem with developmental sequences comes only with users who equate normal development with necessary development and operate as if students cannot--indeed, should not -- proceed with learning until they have mastered a set of presumed "prerequisite" skills.

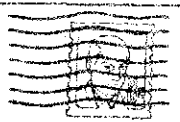
On a larger scale, the readiness logic underlies the ever-popular and ever-present cascade and continuum models of special education services. Special education is visually depicted as a system of rational and interrelated service programs that moves students onward and upward toward independent performance in normal classroom programs. The entrance requirements of the next less restrictive service environment become the goals of the current program. Those who have spent much time looking at the cascade know that it "begins" with institutional programs and homebound instruction. We also know that our students don't move through the continuum or up the service ladder as a function of their skills, but as a function of advocacy, real or threatened litigation, or the

The Readiness Logic, continued on page 10.



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TITLE: WE CAN SPEAK FOR OURSELVES

\*\*\*\*   \*\*\*\*   \*\*\*\*   \*\*\*\*   \*\*\*\*   \*\*\*\*   \*\*\*\*

In America, right here in Omaha, a most exciting, impressive and potentially politically powerful movement is developing: the "self-advocacy" movement. At last mentally handicapped people, historically among the most devalued groups in our society, are learning that they, too, have the right to speak for themselves.

WE CAN SPEAK FOR OURSELVES describes the valuable work being done in America (Omaha) and Britain and includes some moving and inspiring passages by some mentally handicapped people who have, as a result, found new purpose and happiness in life.

Written by Englishman Paul Williams and Omahan BONNIE SHOULTZ, WE CAN SPEAK FOR OURSELVES contains a chapter called "The Story of Project Two" and essays by members of Project Two. Ollie and Lowell Rector, Nancy Loomis, David Menousek, Tom Houlihan and Chris Corso all contributed sections dealing with their lives and their thoughts on self-advocacy.

Matthews is proud to extend an invitation to you and your friends to meet BONNIE SHOULTZ and the members of Project Two. We assure you that their book is a tribute to the resilience of the human spirit.

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By Janet Miller

My news, for those of you who do not know, is that I married Thomas Miller on June 26th.

#### \*\*\*EVENTS\*\*\*

The annual picnic was held on July 19th at Cooper Farm. (see cover story)

Two of the four Parent Coffees were held in July. Jimmie and Cheryl Lazanis and Joe and Connie Comstock are hosting the four coffees. The parents response has not been as good as I had hoped, but it appears that more involvement can be anticipated at the remaining coffees.

#### \*\*\*REFERRALS\*\*\*

There were ten referrals to the program in July. Thanks to all the Pilot Parents that have offered their assistance to these new parents. We also have received a number of calls from grandparents of handicapped children that were in need of information and support.

A request for help came in this month that I would like to share with you. A young family stationed in Anchorage, Alaska just found out that their child has Osteogenesis Imperfecta and wrote to our program to see if we could help them find another family whose child has the same genetic defect. In the two two years I've been the Coordinator of this program, I have never had any family referred to us whose child has this type of disability. I was able to locate some information on the disability, but no parents for them to talk to. Approximately three days after receiving their letter, I took a call from a family in Bellevue wanting information on the Sitter/Companion

MORE SPACE! More room for news! Anyone having any news that they would like to share such as: birthdays, a child in the hospital, a new birth in your family, good books your have read, etc, please contact me.

Program. Their child, who is 5 months older than the child in Anchorage, also has Osteogenesis Imperfecta. They will be in contact with the family in Alaska. Sometimes I am amazed at how things work out in this program.

#### \*\*\*FOR YOUR INFORMATION\*\*\*

We now have a lending library for your use. Call or stop in for a list of the books. Some have been written by parents to parents and others cover caring for children with specific developmental disabilities.

Mark your calendars for Monday, September 27 to hear Dr. Richard Torkelson, Pediatric Neurologist at the University Medical Center, speak on seizures. This will also be a Wine and Cheese Party, so come join us for interesting information and fun. Watch your mail for further information on this evening.

#### \*\*\*TRAINING\*\*\*

How many of you piloted parents out there would like to jump in, be a Pilot Parent and help others just as you have been helped? The Fall Pilot Parents Training Session will be held the weekend of October 1 and 2 and it's not too early to start thinking about it. If you are interested, call Janet.

#### \*\*\*IN THE NEWS\*\*\*

I hope that some of you were able to see a program called "Making It" which was shown on Sunday, July 11 on Channel 3. The Pilot Parents Program was featured. Thomas and Maxine Lee opened their home to the camera crew and were interviewed. Film was taken at the June cook-out and included in the show. Without the help of Doug Derby, a Pilot Parent, and the genuine interest of the producer, Jonathon Wilson, we would not have had such sensitive coverage of the program.

Public Service Announcements have been distributed to local radio stations and have been airing.

# \*\*\*\*\*CORNERSTONES\*\*\*\*\*

By Mary Fischer

CORNERSTONES will be the monthly section of the GAZETTE devoted to news about volunteers and the Volunteer Program. Volunteers are the cornerstones of this Association.

Monica Otterberg is a highly skilled, highly motivated young woman who could challenge the performance records of the best employees, yet can't find a paying job because she has no experience or training record and because she suffers from the stigma of being labelled "mentally retarded."

I met Monica in March of this year when she volunteered her services to help at the GOARC office. It didn't take long at all to realize that Monica was a very competent person who should have been doing something a little more productive than the volunteer work we were providing her with. I knew of her desire to be a cashier, and that she had planned to take vocational training at the Youth Opportunities Unlimited program, and I felt sure that upon her completion of training Monica could find a good job doing what she wanted to do.

When I learned that Monica's plans had been shattered by the cutbacks in YOU programs, I was very discouraged. I knew that Monica couldn't get into ENCOR's Vocational Programs because of the waiting list (and because her IQ exceeded their guidelines), and knew that even if she did get into Vocational Services she would be incredibly bored. I also knew from talking to other parents, relatives and friends of people having trouble getting work, that Monica was not alone.

The idea for the Volunteer Apprenticeship Project came as a result of Monica's penchant for doing volunteer work as a means of keeping busy. If Monica was going to do volunteer work, she might as well be doing something beneficial to her career plans. If no one was going to provide vocational training for Monica, Monica was going to have to get it herself.

The Project has two goals -- to provide opportunities for high-functioning people with mental retardation to receive meaningful, individualized vocational training in the career area of their choice, and to educate potential employers about the capabilities of people with mental retardation by making it easy and worthwhile for them to train people with mental retardation. The Project places people with mental retardation in volunteer positions that exchange volunteer service hours for vocational training. People are placed in positions that directly reflect their career choice and the training is individualized and job-specific. Best of all, the training is flexible, and it allows for creativity. The stress of starting out as a "paid employee" is relieved from both ends which I believe will reflect positively on an apprentice's performance, and on an employers decision to provide training.

The program that was designed for Monica, to train her to operate an electronic cash register, is being provided through the Volunteer Services of Saint Joseph Hospital. Monica started in a small gift shop with a cash box and a low inventory at the South Campus of the hospital, or the Center for Mental Health. She will move to the North Campus of the hospital, into the larger gift shop, and learn the electronic cash register after she has shown that she has successfully mastered the tasks outlined in her Job Description at the South Campus.

Monica began her training on June 28th. Mary Gerken, Monica's supervisor and Assistant Director of Volunteers at the Center for Mental Health, rates Monica's performance as "exemplary" in all aspects of her job. She plans to transfer Monica to the North Campus after Labor Day, but is disappointed at the prospect of losing her. She said that, to the person, Monica presents fewer problems than any other volunteer. She interacts well with customers and the staff and patients at the hospital feel very positive about her. Mary feels that her experience has been a good one and that she was "surprised"

CORNERSTONES, continued on page 5

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CORNERSTONES, continued from page 4.

at Monica's range of abilities. She would be willing to continue accepting apprentices, with the understanding that most would probably not have the skills that Monica has.

Monica feels that her experiences in the project so far have increased her self-confidence and her ability to interact well with people. She feels that the training has been worthwhile and that she has learned many new skills, but she is anxious to move on to bigger and better things at the North Campus. Monica also added that her relationship with her mother has improved and credits this to her own improved self-image and increased self-confidence and her mother's realization that Monica can handle responsibilities.

I asked Monica if it bothered her that she wasn't getting paid. She said she doesn't mind because she thinks the self-confidence and experience she is getting now will pay off in the long run. She only wishes that "more people could get the experience I am" because she believes it will help them to gain the experience and the confidence they need to become working members of society.

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## HONEY SUNDAY STRIKES AGAIN

y Mary Fischer

oney Sunday celebrates its 17th Birthday this year on November 21. Since 1966, with the guidance and support of Jaycee, GOARC and community volunteers, Honey Sunday has matured to be one of the largest and most respected annual fundraising events in the Greater Omaha area.

1982 signals a year of review and change for Honey Sunday. It exposes some of the risks of reaching adulthood; the choice between taking risks that may cause growth and clinging for life to the security of old methods that sometimes work and sometimes don't.

This year's Steering Committee is a dedicated group of hardworking folks who are willing to take risks if it means possibly elevating Honey Sunday to the heights of its peers and causing financial growth for the organizations that benefit from the proceeds. There is a balanced mix of managers and organizers on the Committee, an even distribution of thinkers and do-ers, and enough experience to lead those who are inexperienced but anxious to learn. My intuition tells me that this is going to be a very good year for Honey Sunday.

Among the changes planned for 1982, the most drastic alteration of the structure of Honey Sunday is within the Northeast area of the city, or that area which (roughly) runs from the Missouri River to 40th St., Dodge to Redick. For the past five years or so, sales in this area have plummeted. Recruitment efforts, at their best in 1980, filled only about half of the area with volunteer sales-

people. There has been talk for the past three years of moving from door-to-door sales to sales at grocery stores, but nothing has been done. This year, if it is approved by the pastors in the Northeast area, we will make the move to selling honey at as many of the 210 churches there as possible. We made a logical choice of asking the churches if we could sell there, rather than the grocery stores, because it is rather obvious that of all the places people could go on Sunday morning, most of them would go to church. With an already short supply of volunteers in Northeast, we will place two persons at a church and make two teams of church volunteers out of one team of door-to-door volunteers (an average door-to-door team consists of four or five persons). As I said before, this tactic will only be implemented with the approval of the pastors of the churches in Northeast.

Another major alteration in Honey Sunday 1982 will be in the area of volunteer recruitment. No longer will Area Coordinators be held responsible for making hundreds of phone calls to recruit volunteers for their areas. Specially trained recruitment volunteers will be utilized instead; Area Coordinators will get on with the business of coordinating. There are many good reasons for shifting this responsibility. For one, we have tired of going down on our knees and begging people to take Area Coordinator positions. Quite often a person would be willing to take the job until they found out about the recruitment aspects. Similarly, we've seen Area Coordinators who could recruit volunteers to sell like nobody's business, but really fell short on the organi-

Honey Sunday, Continued on page 8.



# GOARC IN ACTION

## ADVOCACY

### TASK FORCES

The ENCOR Task Force will be preparing a review of the work of a committee which did a report to the ENHSA Governing Board on persons in the ENCOR system with a dual diagnosis of mental retardation and mental illness. The report will be presented to the ENHSA Governing Board at their September meeting and the Task Force expects its response to be ready by that time.

As we reported last time, the Quarterly Reports Sub-Committee of ENCOR's Consumers Information and Rights Council (CIRC) will review the impact of the latest round of budget cuts in the areas of Guidance, Speech Therapy and Staff Development.

### GOVERNMENTAL AFFAIRS

The first meeting of the Governmental Affairs Committee of the ARC of Nebraska was held in Lincoln on August 17th. Four members of GOARC participated in the meeting. The major issues were training for volunteers around the state and setting legislative priorities. A flyer was sent to all persons on the GOARC mailing list asking for their legislative priorities.

We are still looking for volunteers who are interested in working at the local level in Governmental affairs - reviewing pieces of legislation, contacting elected officials, etc. We have five volunteers, but we still need some more. We would like to have a volunteer from every legislative district in the Omaha area.

### RESIDENTIAL SERVICES

The Residential Services Committee which is responsible for the Residential Monitoring Teams has reached an agreement with the ENCOR Director to allow for unannounced Monitoring Visits.

The Committee had discussed the need for unannounced visits, but had postponed any discussion with the ENCOR management until we had a good "track record" under the old system. Under the previous system, monitors told the facility approximately 30 days before the visit. Under the new system, the

ENCOR Residential Coordinator will know that a particular house is scheduled for a visit, but he or she will not know the exact date of the Monitoring Team visit.

Members of the Monitoring Teams are looking forward to using the new system.

Mr. Casey was very cooperative with the request from the Committee and has supported the changes. In part Mr. Casey said: "We will be interested to see if this new process makes any change in the monitoring reports and we will of course be glad to work with GOARC on any problems that you may have as you visit various residences."

The report from Youth Care, Inc., the first non-ENCOR residence to be visited by the Monitoring Teams, was completed at the July Committee meeting.

### VOCATIONAL SERVICES

The Vocational Services Committee will spend its next monitoring efforts at the so-called "Pre-Vocational" program at the North ENCOR area. Monitors are particularly interested to see this program in light of some of the issues raised in the Guest Editorial in this edition of the GAZETTE.

### MISCELLANEOUS

As many of our readers are aware from a mailing you received, GOARC responded to the editorial in the World-Herald entitled "Special Education Must Balance the Needs of All".

The response was not printed, but letters from several families were printed, and a response from a special education professional from Council Bluffs was printed.

### EDUCATIONAL SERVICES

Parents on the Educational Services Committee continue their dialogue with representatives from the Omaha Public Schools. The August meeting was devoted to issues in the home-bound programs.

The September meeting is scheduled to be a discussion of changes in the curriculum for students in the TMR classrooms.

If you have a problem, concern, or issue related to education call 348-9220 (Dan).

# TGIF\* BRINGS SUMMER ACTIVITIES TO CLOSE

TGIF\*(\*Thank Goodness Its Friday), was set up as a summer social group for adults in their 20's and 30's and was formed by GOARC and the Adaptive Recreation Program, in cooperation with the Christ Child Society. Every TGIF\* meeting consisted of a swimming hour and then about 1/2 hour for eating a sack lunch and finishing with an activity. Each meeting lasted from 5-8 PM.

Since the article in the July GAZETTE, the TGIF\* Group has met the remaining 7 dates.

Our second activity on June 25th, brought 29 people to Christ Child for an invigorating game of volley ball, with all people participating. We divided up into two groups and took positions on the court. Everyone was given the chance to serve and those having trouble were given a supporting hand. Even with the other side having Cathy Andrews (Adaptive Recreation) and Tom Redding (Omaha Manor's Recreational Director), my team won. Congratulations Team! We did a super job working together.

The third activity, July 9th, again involved a game of volley ball with 21 people participating. This time Cathy's team won. Congratulations!

To make for a different activity on July 16th, Cathy brought along her parachute and everyone participated and was fascinated by the different methods of using the parachute and a volleyball. Everyone was so captivated that they spent 1½ hours creating fun.

On July 30th, our fifth activity, everyone got into some exciting games of dodge ball. We played two kinds of dodge ball and this made for some fast action games.

The sixth activity on August 6th, was a complete change from the energy packed recreational games we had been doing. At this meeting (after the swimming and sack lunches) we sat back and enjoyed watching a Walt Disney movie (while munching on popcorn). After the movie we threw a few baskets in the gym.

August 13, another action packed activity. This meeting Cathy brought back her parachute to again create our own fun. With everyone gathered around and holding the parachute a variety of games were played. From the enthusiasm that was generated - playing with the parachute was a favorite activity.

August 20th, our last get together for the group. To end TGIF\* with a bang we decided to cater our meal with Kentucky Fried Chicken. After an hour of swimming, everyone was more than ready to sit down to dinner. We had a total of 25 people who attended to eat chicken.

A successful summer for TGIF\*? We think so. We had a total of 52 people who attended at least one activity during the summer (many attended each time). Thank you for helping make this summer successful.

A thank you is given to Christ Child Center for the use of their facilities and to Peg Burrow, Shirley Payne and Betty Currie for their help in running the group.

And a special thank you is given to Cathy Andrews and Tom Redding for their participation.

IF YOU OR YOUR SON/DAUGHTER DID NOT ATTEND THE TGIF\* GROUP AND YOU/THEY ARE IN THE AGE GROUP OF 20-39, COULD YOU PLEASE ANSWER THE FOLLOWING QUESTIONS - THIS WOULD HELP US IN PLANNING NEXT YEAR:

Why did you not attend the group? (please check the appropriate statements)

- Wrong age group \_\_\_\_\_
- Friday was a difficult night to attend a social group \_\_\_\_\_
- The time (5-8) are hours that made it hard to attend \_\_\_\_\_
- If you checked this, could you suggest better hours \_\_\_\_\_
- The dates of the meetings conflicted with other meetings \_\_\_\_\_
- The location of the group meetings did not make it accessible for me/us \_\_\_\_\_
- Did not receive enough information about the group \_\_\_\_\_
- Did not think me/my son/daughter would enjoy the group \_\_\_\_\_

If a group of this nature was set up again next summer would you attend? \_\_\_\_\_

All information would be welcome. Thank you. Please send to Dena c/o GOARC, 3212 Dodge St., Omaha, NE 68131. Your name and address would be welcome, but not necessary.

Name	Address	Zip Code
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Honey Sunday, Continued from page 5.

zation and management of volunteers. So, we simply made it possible for people to do what they are best at by splitting the responsibilities.

Our financial goal for 1982 is \$50,000. With all of our volunteers understanding what they need to do to accomplish this overall project goal, we should not have any problem achieving it. And that's new too. We haven't always told people what we expected of them. This year, I promise, you'll know.

Coordinating publicity is a major job that requires a creative mind and a dependable spirit to get the job done. Any lack of experience you may feel prevents you from taking this position is really not important. As long as you have the desire to learn and will follow through on your responsibilities and meet the deadlines, I will be available to train you and assist you where you need it. Don't be afraid of this one -- it only sounds scary!

Calling people on the phone either comes naturally or it doesn't. If you are one of those rare folks who enjoy talking on the phone, we need your communication skills. Recruitment volunteers are a very important "cog" in the Honey Sunday machine. This job consists of calling people and asking them if they will volunteer on Honey Sunday, then relaying the information to the Area Coordinator you will be working with. There will be quite a few calls to make, but you can do this in your own home.

It is very important that you volunteer this year when someone calls you to request your assistance. Both the Madonna School and GOARC benefit from Honey Sunday, and both of us need to achieve the \$50,000 goal.

One closing comment: I am both excited and pleased to tell you that this year's Honorary Chairman is Mr. Tom Bevacqua, weather specialist from KETV, Channel 3. We are looking forward to working with Mr. Bevacqua and feel his personality and his professionalism will be a real bonus for Honey Sunday.

#### HONEY SUNDAY "HOT SPOTS"

So you want to be in the forefront of a major operation? Great!! All it takes is ambition, a real willingness to work on a team, and a good sense of humor. We are still looking for the right people to take the positions of Publicity Coordinator, Recruitment Volunteers and a Northeast Area Coordinator.

The Northeast Area Coordinator will have to be a kind of "pioneer" who is not afraid to set the course for others to follow. Because our designated system of sales in Northeast is changing this year, we need someone who will help us to implement those changes. You will correspond quite heavily with church pastors, both orally and in writing, and will need to design a system of volunteer distribution for the area. Sounds heavy, but I know that there are many of you who can handle it.

If you are interested in any of these wonderful OPPORTUNITIES give me a call and we'll get together soon. Thanks.

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### REGION VI DEVELOPMENTAL DISABILITIES COUNCIL/GOARC RECREATION INFORMATION LINE GRANT TO BEGIN OPERATION SOON!!

GOOD NEWS FOR PERSONS LIVING IN THE OMAHA AND BELLEVUE AREAS WHO HAVE BEEN CONCERNED ABOUT RECREATIONAL PROGRAMS.

In the very near future a new program will be started through a grant to the Region VI Developmental Disabilities Council and GOARC.

The Region VI Developmental Disabilities (DD) Council is a group of individuals and representatives of organizations serving people with developmental disabilities. GOARC is the sponsoring agency for the Region VI Council, and Dan Costello is the Council Chairman.

The grant which is given by the Nebraska Office of Developmental Disabilities to the Regional Council, will provide funding for two RECREATION INFORMATION LINES. The lines will go to a recording device. On one line you will receive information about recreation for children and young adults with developmental disabilities. On the other line, we will provide information about programs for adults who are developmentally disabled. The information will include the name of the program, who to contact for registration or for more information, and information about for whom the program is designed - if that is appropriate.

The grant will provide funding for a staff person to gather and record the information, and will provide the funding for publicity and the cost of the phone lines.

We hope to have the lines in operation soon. Keep tuned to the GAZETTE for the start of the RECREATION INFORMATION LINE.

BEGINING THIS MONTH, PROJECT II WILL HAVE A PAGE IN THE GAZETTE FOR NEWS FROM THE SELF-ADVOCACY MOVEMENT IN OMAHA. THE PROJECT II MEETINGS FOR THE PAST 3 MONTHS HAVE BEEN ESPECIALLY INTERESTING AS THE "STORIES" OF PROJECT II MEMBERS HAVE BEEN READ FROM THE NEW BOOK - "WE CAN SPEAK FOR OURSELVES". BONNIE SHOULTZ WROTE THE BOOK WITH A MAN FROM ENGLAND. THE BOOK TALKS ABOUT THE SELF-ADVOCACY MOVEMENT AND INCLUDES A CHAPTER WITH THE INDIVIDUAL STORIES OF SOME OF



On August 1, PROJECT II, in cooperation with the City of Omaha's Park and Recreation Department, had a picnic in Turner Park. As you can see, there was plenty of food, and frolic.



MEMBERS OF PROJECT II. THE MEMBERS OF PROJECT II ALSO VIEWED A MOVIE IN JULY CALLED "SHARING THE EXPERIENCE WITH WALTER" - A MOVIE ABOUT A MAN WHO IS RELEASED FROM AN INSTITUTION IN CANADA AND WHO MOVES TO A COMMUNITY PROGRAM. IN AUGUST, PROJECT II INVITED A SPEAKER FROM THE WOMEN AGAINST VIOLENCE PROGRAM TO TALK ABOUT RAPE AND SEXUAL ABUSE.

PROJECT II, LIKE OTHER GROUPS AROUND THE STATE, IS GETTING READY TO GO TO THE ANNUAL PEOPLE FIRST CONVENTION IN KEARNEY. THIS YEAR THE CONVENTION WILL BE HELD ON OCTOBER 22, 23, AND 24.

THE REGION VI DEVELOPMENTAL DISABILITIES COUNCIL IS PROVIDING THE MONEY FOR A BUS TO GO FROM THE REGION VI AREA.

ASIDE FROM TRANSPORTATION IT WILL PROBABLY COST BETWEEN \$50 AND \$75 TO ATTEND THE CONVENTION, AND THOSE WHO WANT TO GO ARE ASKED TO START SAVING NOW. MORE CONVENTION NEWS NEXT MONTH.

## PROJECT II

The Readiness Logic, continued from page 2.

simple availability of space in a less restrictive setting.

Perhaps nowhere is the readiness logic more apparent than in the current design and operation of day services for handicapped adults. Placement into competitive employment with its high wages and benefits is the stated goal of the service system. However, for those individuals who aren't ready for placement into competitive employment, there are sheltered workshops. These non-competitive environments work to get clients ready. For those who are not ready for the demands of the sheltered workshop, there are work activity centers. In the comfort of the work activity center, clients can get ready for sheltered work. Those individuals who fail to meet the requirements of work activity centers often have available yet another rung on the service ladder - a developmental center, a work achievement center, or an adult day program. While the names may differ, the stated mission does not: get clients ready.

We have learned that it is important to identify prerequisite skills and program entry requirements. We have grown accustomed to the cascade and the continuum, and the hope that they hold for progress. We are comforted knowing that adult programs get individuals ready for work. We have been lulled into professional acceptance of this logic; we are comfortable. But do these service models really serve individuals with severe handicaps? The question bears a look at both the logic and the outcome of service programs.

It is both well known and well documented that severely handicapped individuals have difficulty with generalization. What is learned in one environment with one set of instructional materials does not automatically appear when the setting changes, when the materials differ, or when there are other seemingly minor changes in task demands. Why then do we insist that we can use institutional settings to get people ready for life in the community? That success in a large community ICF/MR can get residents ready for living in a small family-like group home? How can we justify exclusive reliance on school simulations to get students ready for later performance in work, living, and leisure opportunities in the community? What makes us think that speed and accuracy in assembling widgets under the scrutiny of a workshop supervisor prepares a severely handicapped individual to bus tables in a busy cafeteria? The logic of "getting ready" is apparently more compelling than the facts.

Readiness and flow-through models often operate for staff convenience rather than individual consumer benefit. Establishing program entry requirements--prerequisites--allows the program to exclude difficult or more handicapped individuals. Students who are "too low functioning" can be left at school while others participate in community training. Students who are judged--better yet, "evaluated"--to be unable to benefit from work training are relegated to perpetual preparation or to elaborate simulations on non-vocational tasks.

What can we do to combat "readiness?" Rather than making participation contingent upon perfect performance of the component skills of an activity, we should stress that participation per se is more important than independent performance. There is no need for Una to master an elaborate money curriculum before she begins to participate in grocery shopping. If she is not proficient at the difficult step of paying for her purchases; there are various ways that the task could be adapted. For example, she could charge her groceries to an established account or come with a twenty dollar bill and a very small shopping list. With more support from the home environment, she could use a calculator to determine the cost of her groceries and have a parent or sibling prepackage sufficient money. She might also follow the strategy of locating the cash register display, reading the number to the left of the decimal, and counting out that number of dollars plus one more. Each of these performance alternatives requires considerably fewer skills than are required to "count out all possible coin combinations less than twenty dollars." Each also makes Una equally "ready" to shop. If we are committed--if we are ready to change our own ways--we can devise strategies for students to participate and perform. "Normal" and "independent" performance is surely a laudable goal, but it is not the only goal. Completing a normal activity in a non-normal way (with prostheses and alternate performance strategies) is certainly more important and impressive than "getting ready" to do it the "normal" way.

At a systems level, we need overall reform. Rather than suffering the illusion that students will move through the system, we need to rearrange service options. The critical service outcome is not movement through a system or progress through a curriculum, but eventual wages, participation in the community, and relative independence.

We need systems that serve all handicapped people--systems that advocate performance,

The Readiness Logic, continued on back page.



# Sitter/Companion Program News

By Carol Marino

Every month, beginning with this issue of the GAZETTE, the Sitter/Companion Program will be bringing you information on new families registered with the program, sitter/companions available to provide service, any upcoming get-togethers and information sharing.

This page is open to our readers. We would like to hear from you about the sitter/companion service you receive and the family you provide service to. We would appreciate your input on new ideas, changes, and recommendations you would like to see within the program. We await your input and anticipate a busy fall season with the Sitter/Companion Program!

## \*\*\*FOCUS ON PROVIDERS\*\*\*

Nancy O'Toole and Sharon Sip registered with the Sitter/Companion Program after completing all phases of May '82 training. Welcome Nancy and Sharon!

Nancy is a nurse assistant at Mercy Care Center. Nancy's experiences working with elderly persons and caring for a disabled family member created her interest in becoming a sitter/companion. Nancy's hobbies are many. Sewing, crocheting, and painting are a few of them. Nancy has five children.

Sharon brings to the Sitter/Companion Program a year of experience as a teacher's aid. Sharon will continue in her position for the '82 - '83 school year at Fontenelle. Sharon's hobbies include sewing, crocheting, and macrame.

## \*\*\*FOCUS ON FAMILIES\*\*\*

I'd like to welcome the addition of five new families to our program. July's addition of new families brings the total number of registered families to 34 for 1982. (Please remember to mail in release forms found in your program packet. This is necessary before referring providers to you.) Again, welcome to the sitter/companion program!! We look forward to referring providers to you.

## \*\*\*PROVIDERS/ATTENDANTS NEEDED\*\*\*

We are still seeking persons interested in providing day care and before & after school care. Attendants (some live-in) are needed also. Please call the GOARC office at 348-9220 if you or anyone you know is interested in this service.

## \*\*\*UPCOMING EVENTS\*\*\*

Janet Miller (Family Support Program Coordinator) and I have discussed the idea of a Family - Sitter/Companion picnic. We would like to use this time for families and sitter/companions to meet each other, their children, share good food and conversation. We would like to schedule the picnic for mid-September. Stay tuned for a flyer on where and when.

## \*\*\*PROGRAM OPERATION\*\*\*

All registered families, please mail in the blue feedback card (found in your program packet) after a sitter/companion has provided service to you. This information lets us know if you are satisfied with services you are receiving and is essential in the overall operation of the program.

Sitter/Companions please do the same with the gold feedback cards you received when you were certified. Your time is appreciated in mailing these to the office.

Families and Sitter/Companions, please inform the office of any phone, address or availability changes that occur.

## \*\*\*CLOSING NOTES\*\*\*

We hope that you will take advantage of this program as its success depends on your participation and support. We anticipate a new growth in our program with your valuable ideas and recommendations!

Families and sitter/companions, we will, of course, request your permission before printing any information on you or your family. Keep us informed of birthdays and special events you would like to share with our readers.

## MORE NEWS, MORE SPACE, ROOM FOR MORE OF YOUR FAVORITE INFORMATION

AS OUR READERS WILL SEE, THIS EDITION  
OF THE GAZETTE HAS MORE FEATURES,  
MORE NEWS, AND MORE SPACE.

BEGINING THIS MONTH WE HAVE EXPANDED  
THE SIZE OF THE GAZETTE BY FOUR MORE  
PAGES. ALL OF THE GOARC PROGRAMS  
WILL HAVE THEIR OWN PAGE - PILOT  
PARENTS, PROJECT II, AND THE SITTER  
COMPANION PROGRAM. IN ADDITION VOL-  
UNTEER NEWS WILL BE COVERED UNDER  
THE NEW "CORNERSTONES" HEADLINE.

THE "GOARC IN ACTION" SECTION WILL  
CONTINUE TO GIVE OUR READERS THE NEWS  
ABOUT OTHER ACTIVITIES OF THE ASSOC-  
IATION.

WE WOULD LIKE, VERY MUCH, TO INCLUDE  
PERSONAL NEWS - NEWS ABOUT YOU AND/OR  
YOUR FAMILY. WHETHER ITS A NEW AD-  
DITION TO THE FAMILY, A NEW MILESTONE  
FOR YOUR SON OR DAUGHTER, OR A NEW  
ACCOMPLISHMENT FOR YOURSELF - WE'D  
LIKE TO HEAR ABOUT IT AND SHARE IT  
WITH THE COMMUNITY OF OUR READERS.  
IF YOU HAVE ANYTHING TO SHARE, PLEASE  
SEND IT TO EDITOR, GOARC GAZETTE,  
3212 DODGE ST., OMAHA, NE 68131.

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IN THE NEXT EDITION OF THE GAZETTE WE  
WILL FOCUS ON THE STATE AND FEDERAL  
PROPOSALS REGARDING CHANGES IN THE  
REGULATIONS GOVERNING SPECIAL EDU-  
CATION. IT WILL BE AN IMPORTANT  
ISSUE!!

The Readiness Logic, continued from page 10.

productivity, and participation for everyone.  
All handicapped individuals deserve training  
that will enable them to earn money, to use  
leisure time appropriately, and to function  
without constant supervision. In a very real  
way, all handicapped individuals are ready for  
training. If you don't agree, you are dis-  
criminating on the basis of handicap.

<sup>1</sup>These figures are from Bellamy, Rhodes,  
Bourbeau and Mank, Mental Retardation Services  
in Sheltered Workshops and Day Activity Pro-  
grams: Consumer Outcomes and Policy Alterna-  
tives, 1982. The full manuscript is available  
from the Specialized Training Program,  
University of Oregon, Eugene, Oregon 97403.



The Greater Omaha Association for Retarded  
Citizens is a United Way Agency

SHIRLEY DEAN  
5809 SPAULDING  
OMAHA, NE 68104

GOARC  
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Omaha, NE 68131

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# gazette

VOL XIV NO 7 GOARC - THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS SEP 82

## 94-142 UNDER ATTACK!!

The article below "Initial Analysis of Proposed PL 94-142 Regulations" was prepared by the Association for Retarded Citizens' Governmental Affairs Office (GAO) in Washington, D.C. It outlines the major proposed changes that the Department of Education has drawn up.

It is **ABSOLUTELY CRITICAL** that everyone who is concerned about saving the safeguards that are presently in place write a letter! Whether you are a parent, professional, or interested citizen, these regulatory changes will have an impact on the education of handicapped persons - a negative impact and they must be opposed!

Congressman Hal Daub requested comments from GOARC on the proposed changes. We responded in part:

GOARC IS ADAMANTLY OPPOSED TO ANY, REPEAT ANY CHANGES IN THE REGULATIONS GOVERNING THE APPLICATION OF PUBLIC LAW 94-142 WHICH WOULD WEAKEN THE RIGHTS OF PARENTS AND CHILDREN, WEAKEN THE PROCEDURAL SAFEGUARDS, AND/OR WEAKEN THE ORIGINAL INTENT OF THE LEGISLATION. WE BELIEVE THAT THE REGULATORY CHANGES CURRENTLY PROPOSED BY THE DEPARTMENT OF EDUCATION INCORPORATE A FUNDAMENTAL EROSION OF THE RIGHTS AND PROTECTION FOR HANDICAPPED CHILDREN AND THEIR FAMILIES. . . . WE WOULD THEREFORE URGE THAT THEY BE WITHDRAWN IN THEIR ENTIRETY.

GOARC went on to suggest that Congressman Daub take an active role in opposing these regulatory changes - BUT these are regulatory changes - the Congress will not vote on these changes.

### LETTERS MUST GO TO:

Dr. Ed Sontag  
Department of Education  
Special Education Program  
400 Maryland Ave., SW Room 400  
Washington, D.C, 20202

### INITIAL ANALYSIS OF PROPOSED P.L. 94-142 REGULATIONS

This article is divided into four (4) sections. Section 1 provides a general position on the regulations. Section 2 details those aspects

of the regulations related to children's and parents' rights and protections. Section 3 deals with educational services provisions. Finally, Section 4 pertains to administrative and planning concerns.

94-142 CONTINUED ON PAGE 3

# Notes <sup>from the</sup> Recreation Project

WE ARE VERY PLEASED TO ANNOUNCE THAT SWING FOR THE RETARDED HAS GIVEN GOARC A ONE YEAR GRANT FOR A RECREATION PROJECT. THE RECREATION PROJECT WILL BEGIN IN JANUARY, 1983.

There will be five objectives for the Recreation Project. The first objective is to help mentally retarded young people to participate in available recreational programs by assisting families in identifying available and appropriate programs. The second objective is to help mentally retarded young people to participate in available recreational programs by assisting families in identifying and obtaining the supports and assistance that their son or daughter may need to participate. The third objective is to improve the quality and quantity of recreational programs in the Omaha and Bellevue areas by coordinating training for staff of agencies who are offering, or who would like to offer, programs for handicapped people. The fourth objective is to help recreation agencies to identify gaps in services that are currently available for handicapped people. The last objective is to keep our readers informed on the work of the program through a page in the GAZETTE.

We hope  
to all

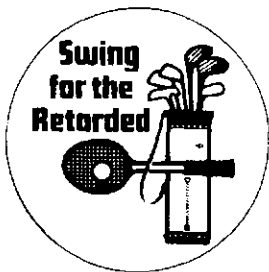
**WATCH THIS SPACE  
BEGINING JANUARY, 1983**

that this program will be of value  
of the families that have expressed  
their concern about the lack of recreational  
opportunities for their sons/daughters.

This program does NOT mean that GOARC will be starting our own recreation programs. It does mean that we will be able to help you to find a program that will meet the needs of your son or daughter.

The Recreation Project will be staffed with a Recreation Advocate who will work 30 hours a week in the GOARC offices. (We will be accepting resumes for persons interested in applying for the position until December 1, 1982. Anyone interested in applying for the position should send their resume to Dan Costello c/o the GOARC offices.)

We expect to have the project operational in January, 1983.



THE RECREATION PROJECT IS A NEW PROGRAM OF GOARC, FUNDED, IN PART WITH A GRANT FROM SWING FOR THE RETARDED. THE PROJECT IS DESIGNED TO HELP FAMILIES FIND APPROPRIATE RECREATIONAL PROGRAMS FOR THEIR SON/DAUGHTER WITH MENTAL RETARDATION. IT IS ALSO DESIGNED TO ASSIST AGENCIES PROVIDING RECREATIONAL PROGRAMS FOR HANDICAPPED PEOPLE IN DESIGNING TRAINING FOR STAFF AND IN FILLING GAPS IN CURRENT SERVICES.



Dear Readers,

Shortly after this GAZETTE went to press, we heard that a number of the most controversial of the proposed regulations for 94-142 had been "withdrawn" by the Department of Education.

We breathed a sigh of relief. It looked as though the work of many parents and their allies in the community had been a success.

We were ready to start the victory parties!!

BUT, it is not quite so clear any more how much of a victory this "withdrawal" really was!!!

In a television appearance the week of October 8th, Mr. Sontag suggested that the "withdrawn" regulations may be resubmitted after study!

If I were a slightly more suspicious person I might feel as though the "withdrawal" was a political move to defuse the enormous amount of uproar that these regulations have caused. When the uproar dies down, the regulations may again see the light of day!!


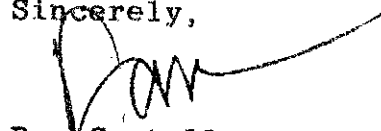
I don't have any evidence, of course, that that's the plan, but at least I'm confused!

I would strongly suggest that every person who intended to write a letter, GO AHEAD AND WRITE THAT LETTER. You may want to preface the letter with "I know that these regulations have been withdrawn, but . . .".


Until we know that these proposed regulations are permanently dead and buried, we can't rest easily!

We are certainly closer to success than we were when these proposals were first proposed, but we must be very, very sure that they stay "withdrawn", and that will only happen if we insure that the Department of Education hears from every one of us!!

Sincerely,



Dan Costello  
Executive Director, GOARC



October 4, 1992

Dear Friend of GOARC and the Madonna School,

It's Honey Sunday time of year again. Once more, we need your support of this tremendous effort to raise funds for GOARC (Greater Omaha Association for Retarded Citizens) and the Madonna School for Exceptional Children.

Years ago, when the situation for people with mental retardation was much worse than it is now, it was easier to recruit volunteers to help raise money. At that time, the fruits of their labor were visible as dramatic changes in attitudes, services and legislation. Today, changes are still occurring at a rapid pace, but they are not as apparent.

When Honey Sunday began seventeen years ago the backdrop was a scene of horror in overcrowded institutions, a lack of community services, a lack of educational programs, and a social attitude that kept people with mental retardation locked away from the world. People with mental retardation were treated as sub-human organisms with no rights and no need for respect, education, human and legal rights, or dignity.

In only seventeen years, we have changed society's attitude from one of ignorance and fear to one of understanding and acceptance. Today, most people with mental retardation can remain with their families and go on to live independently in their home communities, receive special education and vocational training, and may some day be self-supporting.

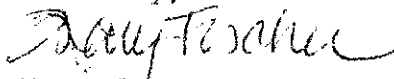
Today, even though we have made great strides toward establishing sound community programs, we are faced with a great shortage of community programs. Even though we have changed many, many negative attitudes, we have more work to do in the areas of employment and housing. We are not finished yet.

It's easy to grow complacent when social changes are not as apparent as they used to be. It's easy, but please don't. Complacency can be tragic.

We need to advance the movement -- the movement away from a history of dehumanization and restriction, toward a future of dignity, freedom and personal growth. Volunteers helped us move mountains in the past. With the same type of commitment today, we can move more.

There is a Honey Sunday volunteer form on the back. Thank you for your support.

Sincerely,



Mary Fischer  
Program Director  
GOARC

THANK YOU FOR VOLUNTEERING TO HELP WITH HONEY SUNDAY THIS YEAR. PLEASE FILL OUT THIS FORM AND RETURN IT TO GOARC, 3212 DODGE ST., OMAHA, 68131. -OR- CALL MARY FISCHER, 348-9220/556-5337. THANK YOU.

HONEY SUNDAY  
IS  
NOVEMBER 21

NAME \_\_\_\_\_

(GROUP NAME IF GROUP) \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE (HOME) \_\_\_\_\_ (WORK) \_\_\_\_\_ ZIP CODE \_\_\_\_\_

-----WE NEED VOLUNTEER DRIVERS AND SELLERS TO GO DOOR-TO-DOOR IN OMAHA'S NEIGHBORHOODS, SELLING 8OZ. JARS OF HONEY FOR \$1.50. WE NEED VOLUNTEERS WHO WILL COMMIT TO AT LEAST THREE HOURS OF SERVICE (OR AS LONG AS IT TAKES TO COMPLETE THE ROUTE WE GIVE YOU). A GOOD TEAM CONSISTS OF ONE DRIVER AND FOUR OR MORE SELLERS.-----

I WILL VOLUNTEER TO   
DRIVE  
DRIVE  
DRIVE

\_\_\_\_ I WILL HAVE A TEAM WITH FOUR OR MORE SELLERS

\_\_\_\_ I WILL NEED A COMPLETE TEAM

\_\_\_\_ I WILL NEED \_\_\_\_\_ SELLERS TO MAKE A COMPLETE TEAM



I WILL VOLUNTEER TO   
SELL  
SELL  
SELL

\_\_\_\_ I WILL NEED A DRIVER, I CAN GET A FULL TEAM OF FOUR OR MORE SELLERS

\_\_\_\_ I WILL FILL IN ON A TEAM THAT NEEDS ME

VERY IMPORTANT

IF YOU PREFER A SPECIFIC LOCATION IN TOWN YOU MUST INDICATE YOUR PREFERENCE HERE OR WE WILL PLACE YOU WHERE WE NEED YOU MOST

I WANT TO SELL IN THE FOLLOWING NEIGHBORHOOD \_\_\_\_\_

\_\_\_\_\_

SECTION 1 - GENERAL COMMENTS

The proposed P.L. 94-142 rules incorporate as a major feature a fundamental erosion of the rights and protections for handicapped children and their families. These unacceptable aspects of the proposed regulations so far exceed the potentially positive aspects that the ARC finds it impossible to recommend ways to amend the proposed rules so as to make them acceptable. Therefore, the ARC strongly recommends that the Department of Education withdraw these proposed rules and that new proposed regulations be developed that will further safeguard the rights of children and their parents as well as further facilitate the vital role of state and local education agencies in fulfilling the mission of the Education For All Handicapped Children Act.

The GAO suggests each ARC member and/or staff incorporate the basic message outlined above in your written comments and/or testimony.

NOTE

Comments below contain references to the special sections of the proposed and/or existing regulations. The proposed rules are identified by a 300 before the subsection numbers while all existing regulations section numbers begin with 121.

SECTION 2 - RIGHTS AND PROTECTIONS

Due Process - The proposed rules delete a provision in the existing regulations (121.a 506 (c)) which requires education agencies to inform parents of availability of any free or low-cost legal and other relevant services to assist in the due process hearing. The proposed rules also delete an existing provision (121.a 508 (3)) which prohibits the introduction of evidence that has not been disclosed to the other party at least 5 days before the hearing. Also eliminated is the current rule (121.a 508(g) (2)) which allows the parents involved to open the hearing to the public. The proposed rules (300. 152 (a)) extend hearing time lines by 15 calendar days.

In the surrogate parent provisions of the existing rules, section (121.a 514 (c) (ii)) requires surrogate parents to have knowledge and skills to ensure the child is adequately represented. That provision is deleted in the proposed rules Section 121. a 154 (d) of the existing rules requiring that a surrogate may not be an employee of a public agency which is involved in the education or care of the child. The proposed rule (300.154 (d)) only refers to educational agency employees, thereby seeming-

ly allowing other public agency employees involved in caring for the child (e.g. state social service agency social workers). This has the potential of fostering conflict of interest difficulties.

The net effect of these modifications significantly jeopardizes children's and parents' rights to due process. All of the changes tip the scales on the side of school systems, with concurrent loss of protections in procedural safeguards to parents.

Parental Consent - Section 121. a 504 (g) of the existing rules requires parental consent be obtained prior to conducting a preplacement evaluation and then, initial placement in a program providing special education and related services. These provisions are dropped from the proposed rules. The entire section on prior notice (section 300.145) and content of notice (section 300.146) of the proposed rules contains substantially weaker language from current rules, again making it more difficult for parents to understand their rights and take advantage of them. Parents are again made the target of this deregulation process.

Program Access - A new and disconcerting provision (section 300.161 (c) (2)) is added to the proposed rules enabling school systems to decide against mainstreaming a handicapped student if it could be shown that such a placement would cause "substantial and clearly ascertainable disruption of the educational services provided to other children in the same classes." This obviously would allow many schools with a loophole to prevent the placement of handicapped children with non-handicapped children. There is no reference to this provision in P.L. 94-142, it is potentially very harmful to handicapped children and must be removed in its entirety. The ARC strongly opposes this provision.

SECTION 3 - EDUCATIONAL SERVICES

Evaluations - Section 121. a 534 (g) of the current rules requires that each child be evaluated every 3 years or more frequently if the child's parents or teacher so requests. These provisions are deleted in the pending rules, giving schools wide discretion in the frequency of evaluations.

The proposed regulations also drop the requirement (section 121.a 532 (e)) that evaluations be conducted by a multidisciplinary team. The deletion of this provision is sure to lead to inappropriate evaluations for some handicapped children. School systems are



# CORNERSTONES

Is there a need to educate and train new GOARC members on the agency's history, function and goals, current staff and programs, direct service structure and administration, legislative issues, etc., etc., etc.?

In September I asked Peggy Downing, a member of the Administrative Services Committee, to perform a simple survey of the responses of new GOARC members to the question, "Do you feel there is a need for GOARC orientations and would you attend one if we held one?".

The responses were an overwhelming "YES". Some people indicated that they would attend small group coffees, and some would even be willing to have dinner out with us.

Yes, we do need to prepare new members for their roles as advocates. No organization can grow from delegating all of its responsibilities to a few "seasoned" members; there must be a continual dissemination of information to new people so that future generations can continue the work we are doing today.

Glenda Davis, a member of the Board of Directors, has already indicated her willingness to host a coffee at her home. One person cannot take on all of the responsibility. GOARC has over 50 new members this year. If you would be willing to host a small group coffee for new members at your home, please contact me. We need to begin the orientation process now, before the holidays, before spring cleanings, before summer vacation, before winter sets in! Thanks.

## Volunteer Classifieds

20TH ANNIVERSARY CELEBRATION - Needed Immediately! A group of members to plan 1983 promotional calendar for GOARC's 20th Anniversary. Looking for people to make a year-long commitment. Need members with any of the following: knowledge of GOARC history, former key leaders of the movement; people with writing, design and oral skills, creativity and a sincere desire to work. This is a great opportunity for GOARC which cannot, and should not, be staff-controlled! Some possibilities we've looked at include: Symposium, a 20-Year Reunion as the Annual May Meeting, a Past President's Luncheon, and the production of several public service announcements and feature stories.

HONEY SUNDAY - If you've been waiting for the right time to volunteer to help with Honey Sunday, this is the year. We have an enthusiastic Honorary Chairperson (Tom Bevacqua), a motivated Steering Committee and lots of hard-working volunteers putting the 1982 campaign together. You may never find a better time to hop on the wagon. We need your help as drivers, sellers, recruiters, distribution point helpers, poster distributors, after-the-fact sales people (put up a table at your place of employment the week after Honey Sunday), and general office assistants. By the way, if you have helped in the past and know of areas that aren't worth putting volunteer sellers in, please call me and let me know!

CLERICAL/OFFICE - All of the GOARC staff know how to type and many of us do our own typing all of the time. If one of you would like to give us a hand with typing so that we can be freed up for other important things it would sure be appreciated. Here's the catch: You must volunteer for a specific day and time so that we can plan our work around you! What are the qualifications? Average typing skills and someone with a sense of humor who understands constructive chaos!!! (Creative minds are rarely tidy)

GOARC ALSO NEEDS a person to help with the development, mailing, organization, and answering of Honey Sunday communication. This person needs to be organized and also has to be able to type (average is 35 wpm). Again, you must pick a time to come in so that we can plan for you.

TUTORS - John Harris, ENCOR Advisor, requested some tutors who can help students at Metro Tech enrolled in basic math, reading, etc., classes. This is an opportunity to put your many years of study to work, helping someone else achieve! They need your time and skills.

FOR ANY OF THESE OPPORTUNITIES, PLEASE CALL MARY FISCHER AT GOARC, 348-9220. Thank you  
4 in advance for your assistance.

bound to take advantage of the proposed rules to cut costs at the expense of the child.

The provisions in the current rules (121. a 503) which allow parents to obtain an independent educational evaluation at public expense if the parents disagree with the evaluation obtained by the public agency are substantially weakened in the proposed rules (section 300.144). Once again, the proposed rules place the parent at a great disadvantage to secure an appropriate education for their child. We strongly urge the Department of Education to continue current regulatory policy on independent evaluations.

Individualized Education Program (IEP) The proposed rules delete the present requirement (Section 121. a 343 (c)) that an IEP meeting be held within thirty calendar days from the determination that a child needs special education. Under the proposed rules, school systems would be free to set their own time lines. The ARC strongly urges the retention of the current 30-day rule. The participation during the IEP meeting of an individual involved in the child's evaluation, required in the existing rules (121.a 344) is downgraded from regulatory to non-binding guidelines language (300.124) in the proposed rules. Such knowledgeable individuals should be part of the IEP team for a child who has been initially evaluated. We suggest this provision be retained in the regulations.

There are numerous deletions in the proposed rules which seriously weaken the school's role in notifying and enhancing the opportunity for parents to participate in the development of the IEP. Such deletions are bound to lead to fewer parents being involved in their child's education. The ARC suggests maintaining sections 121. (c) 345 (b), (c) and (d) in the present regulations.

The proposed regulations also allow through guideline language (300.123 (g)) the actual drafting, writing or typing of the IEP to take place outside the IEP meeting. This provision potentially erodes parental participation in the educational process. We object to such provision.

The requirement for developing, reviewing and revising IEP's for children placed in private schools by a public agency is deleted from existing regulations (121. c 348). This appears to be rather blatant discrimination of children placed in private schools. The proposed rules also do not require a representa-

tive of such a private school to attend an IEP meeting, should one be held.

Section 300.114 of the proposed rules establishes new student disciplinary criteria which could be applied to circumvent the IEP process and allow for suspension and expulsion of handicapped children for behavior not caused by the child's handicapping condition. Again, there is no statutory basis for the rule, and school systems have regular disciplinary criteria in place for all students. Therefore, this new standard could create more confusion than it could solve, is unnecessary and should be deleted from the proposed rules.

Least Restrictive Environment (LRE) Deleted from the proposed rules are current provisions which require the handicapped child to be placed in a school "as close as possible to the child's home (section 121.a 552 (a) (3)), and in the school which he or she would attend if not handicapped" (section 121. a 552 (c)). This represents a drastic retreat from the sound LRE policy in current rules. Such a revision strikes a major blow to educating handicapped children with their non-handicapped peers. The proposed changes are wholly unacceptable to the ARC.

The proposed rules also delete the existing provision (Section 121. a 553) that insures the participation of handicapped children with non-handicapped children in non-academic and extra-curricular activities, where appropriate. We simply cannot understand the removal of this rule. Again, it smacks of blatant discrimination against handicapped children.

Continuum of Services - Section 121. a 551 of the current regulations requires school systems to "insure that a continuum of alternative placements is available to meet the needs of handicapped children". This section is nowhere to be found in the proposed rules. The proposed rules will lead school systems to ignore the principle of individualization in education. Without the continuum requirements, the regulations are rendered meaningless and schools' problems in complying with the least restrictive environment provisions of the law will be increased, not alleviated. We strongly urge the continuum provision be maintained in the rules.

Related Services - The proposed related services definition (Section 300.4 (b) (10)) allows school systems to establish "reasonable limitations" relating to the level, frequency, location and duration of required services and the qualifications of service providers where

# WE DID IT, BUT WE STILL NEED HELP

BY DEB BIGANDO - DEB IS AN ENCOR ADVISOR

We did it! That's what the Boys Town Institute cleft palate team coordinator exclaimed when Dr. Richard Albin of Denver, Colorado agreed to do reconstructive surgery for Terri Kelley on October 29. She has known Terri for under 2 years, so I'm sure you can imagine how Terri, her family, IPP team and many friends felt after 8 years of trying to obtain this service for Terri.

Terri is a 25-year old woman. She has a partially repaired cleft palate and lip. Her nose is flat to her face, she is unable to keep her glasses on even with an athletic strap. Her hearing aide is built in the bow of her glasses so she can't use it either.

Terri was institutionalized at the age of 10. She lived in the Beatrice State Home for 6 years before she returned to Omaha and started at the Behavior Shaping Unit. When she entered the Benson ITC in 1974 she was bald, due to her self-abuse. Her day was divided into 30 minute 1:1 slots. She averaged 350 occurrences of self-abuse, 150 incidents of abuse to others and 80 trips to time-out each month. Terri now goes for weeks and months between targeted self-abuse and has practically eliminated her abuse to others. Terri has changed a lot since that time.

She now communicates through sign language, she works with a 1:10 ratio averaging an industrial rate of 30 to 70%, picks out her own clothing and hair styles, cooks, cleans, and does her own ironing and mending. One thing hasn't changed and that is her concern for her appearance.

I will never forget the time she wore sunglasses all week at work because she had black eyes from having her teeth pulled. Or the times I saw her pounding at her reflection in the mirror. Or the pictures she drew with normal features for others and contorted features for herself. There have been many of us who felt that Terri's abusing behaviors were tied to self-concept, I'm sure the dedication and extremely hard work from many, many people was easily brought about and motivated by Terri's strong and single-minded desire to have the needed surgery to change her facial features.

There have been many obstacles but the two reoccurring ones were Terri's self-abuse and prejudice against a retarded individuals' right to receive the same service that you or I would have received without question. Why

put Terri through all the pain? She'll never know the difference. Her IPP team worked with Nebraska Crippled Children's Services, the University Cleft Palate team and the Boys Town Institute team and their cleft palate team. The Boys Town Institute team told us in 1980 that if Terri's behaviors could be reduced that they would do the surgery. By that time, Terri had made great improvements in dealing with her frustration and anger, and since has made even greater gains. Terri was hospitalized to have a tooth removed and to take impressions. She was put through many tests to see how she would tolerate surgery and cooperate with hospital staff. We provided 2 staff 24 hours for this 3 day stay and Terri was described as a model patient. Unfortunately, the maxiofacial surgeon decided against continuing with the next surgery. One more dead end.

We met again with the team coordinator asking that we be referred to another doctor. She told us that she knew of 3 doctors that she could recommend located in Denver, Philadelphia and Toronto. To me, the chances seemed remote but at least we would know that we had tried everything.

Dr. Albin flew into Omaha and saw Terri. He said that he believed that Terri's severe facial deformity was a contributing factor in her self-abuse and that he was enthusiastic and willing to undertake the surgery. He made it clear that the surgery could only be attempted with the 2 staff, 24 hour coverage during Terri's 10 day to 2 week post-operative care, due to the potential danger of the surgery. Dr. Albin will take a bone graft from Terri's hip to form her upper jaw. He will also fix her partially repaired palate and lip and will do nasal corrective surgery. Terri will be wired shut for 10 weeks and will, after that time, need to return to Denver to have the fixation removed.

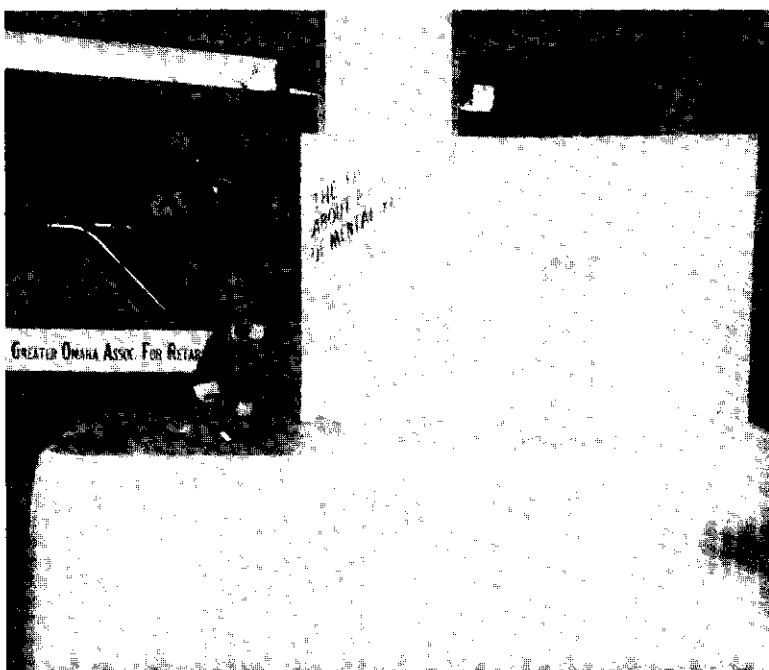
We did it! But, as usual, one more obstacle. Money. Medicare will take care of a large percentage of the surgery but, it doesn't provide for the transportation to Denver or for expenses the staff will incur. Six of us plan to go with Terri; each of us will work 8 hours daily until Terri is released. I've contacted the Denver ARC and McDonalds hostels in the hopes of finding inexpensive housing, but as of this time, I haven't heard of any possibilities. If we end up renting rooms we will need approximately \$2200 for mileage, lodging and food expenses.

WE DID IT, CONTINUED ON PAGE 7

WE DID IT, CONTINUED FROM PAGE 6

We are planning a garage sale, a raffle for paintings and hopefully an appliance, a chili feed, and a kegger. We hope to see you at these fund raisers; we will advertise dates as we schedule these events. If you are unable to join us and would like to help us reach this goal, you can contact Terri's IPP team through me, Deb Bigando, at 444-5482. My address is 885 South 72nd Street. We would really appreciate any help or ideas that you can give us. Thank you for letting me share this accomplishment of Terri's with you.

### Prevention Highlighted at Health Fair Display



GOARC'S PUBLIC EDUCATION DIRECTOR, MARY FISCHER HELPED TO MAN (OR SHOULD WE SAY PERSON) THE GOARC DISPLAY AT THE BERGAN MERCY 'CELEBRATE HEALTH FAIR' HELD THE WEEKEND OF SEPTEMBER 17<sup>TH</sup> AND 18<sup>TH</sup>.

MARY WAS JOINED BY DWAYNE KNUTH (THE ASSISTANT EXECUTIVE DIRECTOR OF ARC/NE), GAYLE MOSHER, AND BARB STEWART (BOTH OF WHOM ARE GOARC VOLUNTEERS).

*Editor's Note - We hope that no one objects to the fact that we left out the GOARC IN ACTION section of this GAZETTE. We felt that we had enough, maybe more than enough, good news and that we could skip that section this month.*

### PROJECT II, CONTINUED FROM PAGE 11 PROJECT II IS SEVEN YEARS OLD

IN SEPTEMBER PROJECT II WILL BE 7 YEARS OLD AND STILL GOING STRONG. WE ARE KEEPING IT GOING MEETING WITH OUR FRIENDS, AND GOING DOWN THE ROAD. WE ALL HOPE MORE PEOPLE WILL JOIN WITH US. PROJECT II WILL HAVE A PARTY TO CELEBRATE ITS BRITHDAY.

### VISITORS FROM AUSTRALIA & ENGLAND

THREE PEOPLE FROM AUSTRALIA AND ONE FROM ENGLAND CAME TO OMAHA IN SEPTEMBER TO SEE ENCOR, MCRI, GOARC AND PROJECT II. THERE WERE 2 PARTIES FOR THEM.

### PERSONAL NEWS

"PROJECT II NEWS" WILL HAVE THIS SECTION FOR PEOPLE WHO WANT TO SAY SOMETHING ABOUT THEMSELVES OR ABOUT PROJECT II OR GOARC ACTIVITIES. EVERYONE WHO WANTS TO CONTRIBUTE IS WELCOME TO WRITE TO "PROJECT II NEWS" IN CARE OF GOARC OR CALL DENA.

### HOW I GOT STARTED IN PROJECT II

By THOMAS HOULIHAN

THIS STORY IS ABOUT HOW I GOT STARTED IN PROJECT II. ONE DAY THE GOARC DIRECTOR WROTE ME AND ASKED THAT I MEET HIM AT HIS OFFICE. HIS NAME WAS THOMAS MILLER. I HAD NEVER MET HIM, I DID NOT KNOW WHAT KIND OF PERSON HE WAS. AT THE MEETING HE TOLD ME ABOUT PROJECT II AND WHAT THE GROUP DID IN THE COMMUNITY. I THEN TOLD HIM, YES, I WOULD JOIN THE GROUP. THAT WAS IN 1976. I LATER WAS ELECTED THE VICE-PRESIDENT AND THEN THIS YEAR I WAS ELECTED TREASURER.



By Janet Miller

involved. It can also offer a new sense of security, and in these days how can we find that anything but valuable?

Our sense of being is wrapped up in many things. Our being with a spouse or close friend provides a deep inner base to rely on: our being with our family provides the home base for our safe area; our being with our relatives provides an extended support system for our being.

But where, oh where, do we find a solid sense in being the parent of a handicapped child? How can it fully come from anyone except another parent of a handicapped child? Support does come from many sources and without them we may all flounder deeper and more intensely.

The "Piloting" you give and/or receive is of greater value. In the book, Special Children, Special Parents, by A.T. Murphy, he speaks to the worth of parent participation, communication, and relationship.

"While therapeutic group structures vary greatly, most offer parents these helpful components:

1. A commonality of concerns.
2. A source of acceptance, friendship, love.
3. A source of possible insight and increased awareness of one's self and relationships with others.
4. A time to increase one's problem-solving approach and ability.
5. A focus on daily here-and-now issues.
6. A chance to receive corrective feedback from others.
7. An opportunity to try out new ways of thinking, feeling, and relating.
8. A safe place for emotional "letting go".
9. A chance to observe others as models of behaviors, or to be a model for others.
10. An opportunity to realize that one is not unique with one's problems or alone in the world.

This article is reprinted from Keeping In Touch, which is the Iowa Pilot Parents Newsletter. The article was written by Carla Lawson, Director.

#### THE ART OF PILOTING

"Piloting" is the heart and soul of Pilot Parents. From it comes a greater sense of being--a greater sense of worth to all

Your "piloting" with other parents is the very backbone as to why the program works. Parents of handicapped children need other parents of handicapped children to help them.

"As Milton Mayeroff, in his compassionate and helpful book, On Caring, has observed, to care for another person is to help the other grow, to self-actualize, to achieve potentials in the largest measure. Caring includes a deep respect for the other. Each caring relationship contains within it the nurturing that helps the other to grow. Every act of self-less devotion, of care or love, enriches us. A caring response is a gift from any source, and in some situations it is particularly appropriate and appreciated.

Your "piloting" is appropriate and appreciated

(This article was reprinted in thanks to all of you who are currently piloting, those who have piloted, and those who will soon be training to become Pilot Parents - Janet)

#### \*\*\*EVENTS\*\*\*

Jan Taylor opened her home on Wednesday, August 11th for a mothers coffee. It was great to see two new moms attend. Some came from as far as Council Bluffs, Iowa to attend.

The last two parent coffees were held in August. The attendance was very good at both coffees. The participants felt that another topic of interest was nutrition, especially with children who are difficult to feed. I plan to get a speaker on this topic in the month of November.

A special word of thanks to Joe & Connie Comstock and Jimmie & Cheryl Lazanis for hosting these parent coffees.

The feedback from the participants of the Stress Management workshop was very positive. I wish more of you had been able to attend. Mary Kay Fagan, from the Motivation Center, was a fantastic presenter and provided the group with some helpful information.

I would like to welcome Chuck Aitkenhead and Dixie Mahoney to the Pilot Parent Advisory Committee. They both came on to the committee in August. The Advisory Committee is composed of Willie Adams, Chuck Aitkenhead, Shirley Dean, Dixie Mahoney, Fran Porter, Brenda Sutton. I am the liason from the committee to the Executive Director.

## Citizen of the Month -- Steve Stolinski

Editor's Note - Citizen of the Month is a new column that will focus on the personal stories of people with mental retardation and their families. We hope you enjoy the new feature. If you have someone that would make a good "Citizen of the Month" drop a note to Editor at 3212 Dodge.



*Steve Stolinski turned 21 on September 22nd, but the lack of space in the ENCOR South ITC means that Steve will remain at home until a new building is found.*

By Joan Marcus

Birthdays are usually happy, but 21 year old Steve Stolinski didn't care for his birthday this year. He wasn't able to even attend school on September 22nd, his birthday, because the Omaha Public Schools ended their service to Steve one day before his 21st birthday.

Steve, the son of Dorothy and Art Stolinski, was born retarded with cerebral palsy. He attended the original "HELP Nursery School" where his mother (and all parents) worked as volunteers.

As the years went on, Steve went to the GOARC Developmental Centers which were later taken over by ENCOR. With the passing of LB 403, Steve became eligible for public school and he attended Hartman School and finished his education at Fontenelle School.

Steve enjoys watching baseball on TV, listens so music, and is an avid Union Pacific fan. He collects emblems and insignias. He spends his time in his neatly kept room where he is able to pick his own television programs.



*Dorothy and Art Stolinski are deeply concerned that the skills that Steve learned in school will be lost during the time he must wait for an opening in ENCOR services.*

Naturally, being great ENCOR supporters, Dorothy and Art 'assumed' that Steve would graduate into the new 'South ITC'. Now, plans for a new building have been tabled and it seems an endless search for a suitable rental building. Steve isn't the only Omaha Public School 'graduate' needing services. There are 12 others who could use the ITC if it were open today.

Dorothy and Art Stolinski are desperately afraid that their son will lose the skills which he has worked so hard to attain. He doesn't function at a level so that he would be able to go out by himself or seek outside employment.

**CITIZEN OF THE MONTH CONTINUES ON THE BACK PAGE**

PHOTOS BY MILTON AND HOWARD K. MARCUS

# Sitter/Companion Program News

BY CAROL MARINO

The 1st Annual Sitter/Companion Picnic was held September 18 at Benson Park. In attendance were a small number of families, Janet our Family Support Program Director, and myself. It was a beautiful day for a picnic. Families, we thank you for your time and energy and for preparing potluck meals to be shared. We enjoyed the time that we spent together. See you again next year!!

## \*\*\*FOCUS ON FAMILIES\*\*\*

I'd like to welcome the addition of four new families to our program. August's addition of new families brings the total number of families to 38 for 1982. Welcome to the sitter/companion program!! We look forward to referring sitter/companion providers to you.

## \*\*\*FOCUS ON PROVIDERS\*\*\*

I'd like to welcome Monica Scribner to the Sitter/Companion Program. Monica transferred from Schulyer, Nebraska. Her certification follows her to her new home in Omaha. Monica's husband is a teacher and they have two children. Monica is also an AMWAY dealer. Welcome Monica!!

## \*\*\*UPCOMING EVENTS\*\*\*

**training** Janet & I have tentatively scheduled the next Sitter/Companion Training for the first two weeks in November. Recruitment efforts have been established through Metro Tech Job Placement Offices at all three campuses, UNO Part-time Student Employee Services and through Creighton University School of Nursing. Recruitment efforts will be established in Sarpy County, Ralston and Millard.

An addition to the fall Sitter/Companion Training will include an extra session for those who are interested in becoming attendant care providers. We are also planning a session on recreation ideas.

If you are interested in additional income, gaining experience in the human service field, and providing a needed support to persons with disabilities, this program is for you.

Please contact Carol or Janet at the GOARC office, 348-9220 if you are interested in registering for the next sitter/companion training.

## GOARC Forum on 'Guardianship and Estate Planning'

ON THURSDAY, SEPTEMBER 7<sup>TH</sup> OVER THREE DOZEN PARENTS ATTENDED THE GOARC FORUM ON 'GUARDIANSHIP AND ESTATE PLANNING'. THE FORUM WAS PRESENTED AS A PART OF THE GOARC PUBLIC EDUCATION PROGRAM.



THE SPEAKER FOR THE EVENING WAS MR. DAVE BUELT. MR. BUELT IS AN ATTORNEY WITH THE FIRM OF ELLICK, SPIRE, AND JONES, AND IS A MEMBER OF THE OMAHA BAR ASSOCIATION'S SPEAKERS BUREAU.

# PROJECT II

PEOPLE FIRST OF NEBRASKA-1982 CONVENTION

WE HOPE EVERYONE WILL COME. THE LAST CONVENTION WAS IN 1980, AND 350 PEOPLE CAME. THIS YEAR WE HOPE BETWEEN 475 AND 500 PEOPLE WILL COME. WE WANT OTHER PEOPLE TO COME BESIDES PEOPLE WITH HANDICAPS.

WE WILL HAVE DIFFERENT KINDS OF WORKSHOPS LIKE, HOW TO ADVOCATE FOR BETTER SERVICES, DATING/MARRIAGE/LIVING TOGETHER/& DIVORCE, HOW TO WORK WITH PUBLIC OFFICIALS, HOW TO DEAL WITH DOCTORS, PEOPLE'S ACCOMPLISHMENTS.

WE WILL HAVE FILMS AND VIDEOTAPES, GOOD SPEAKERS, SLIDES OF OTHER COUNTRIES (ENGLAND, AUSTRALIA, NEW ZEALAND), AND HOSPITALITY ROOMS. DAVE MENOUSEK AND HAROLD EDWARDS WILL SERVE THE REFRESHMENTS.

THERE WILL BE A DANCE ON SATURDAY, OCTOBER 23. WE WANT EVERYONE TO

BRING PICTURES OF THEIR GROUPS. TOM HOULIHAN WILL BRING HIS PICTURES OF PROJECT II.

WE HAD A WONDERFUL TIME AT OUR OTHER THREE CONVENTIONS. WE THINK THIS ONE WILL BE EVEN BETTER THAN THOSE!

THE CONVENTION WILL BE AT THE HOLIDAY INN IN KEARNEY, OCTOBER 22, 23, AND 24.

FOR MORE INFORMATION OR FOR A REGISTRATION FORM, WRITE TO BARB JESSING, NEBRASKA NETWORK OF TRAINING SERVICES, MCRI, 42ND & DEWEY AVE, OMAHA, NE 68105.

THE PEOPLE WHO CAME TO THE PROJECT II MEETING ON FRIDAY, SEPTEMBER 17TH HAD A HAND IN PLANNING THE DISCUSSION SESSIONS. PEOPLE DISCUSSED WHETHER OR NOT TO HAVE A LIVE BAND FOR THE CONVENTION, OR WHETHER TO HAVE A DISCO SYSTEM. PEOPLE VOTED TO HAVE

THE LIVE BAND. THEN EVERYONE BROKE INTO DISCUSSION SECTIONS AND TALKED ABOUT THE TOPICS THEY WOULD LIKE TO HAVE COVERED IN THE WORKSHOPS LISTED ABOVE. THIS PICTURE IS FROM THE PROJECT II MEETING FOR SEPTEMBER.



PROJECT II IS CONTINUED ON PAGE 7.



94-142 CONTINUED FROM PAGE 5

more than one qualified provider is available.

Completely deleted from the present rules are provisions (Section 121. a 13 (a)) in the related services definition which include school health services, social work services in schools and parent counseling and training. Here again, parents are pushed out. Additionally, vital services such as administration of medicine to children who have seizures are at risk. Related services personnel would no longer have to be certified or licensed by the state. It is quite likely that these proposed rules will prevent certain handicapped children from attending school if health services are denied, thus denying them a free appropriate education.

Qualified Personnel - The definition of "qualified" (Section 121. a 12) in the existing rules is deleted in the proposed rules. This will obviously lead to lowered standards for the various personnel involved in special education and related services. The term "qualified" is also deleted in the Section 300.28 Comprehensive System of Personnel Development. How will children receive a quality education when education staff standards are not upheld? The ARC urges the existing language be retained.

#### SECTION 4 - ADMINISTRATION AND PLANNING

State Planning - Various provisions concerning the development of P.L. 94-142 state plans are deleted or substantially altered. Many of these changes will result in less public participation in the state planning process and less knowledge and understanding of state policy in regards to the law. For example, Section 300.11 (c) would allow states to incorporate by reference "material on file with the Department, including previous state plans". This provision, if implemented, will make it extremely difficult, if not impossible, to understand the state plan if it is in several pieces, who knows where! Eliminated from the proposed rules is the present provision (Section 121.a 120) which describes how the approved plan will be made public. In some states, the public may never see a plan again. Public participation in the state planning process is jeopardized by eliminating the description of activities undertaken by the state to allow public participation in the development of the state plan. The proposed rules would no longer require states to inform the public of scheduled public hearings, submittal of written comments and the timetable for submission of the plan for final approval. Once you don't have to tell the

public how to involve themselves in the planning process, it becomes much easier to not get them involved.

State Advisory Panels - Section 300.172 and 173 on the composition and functions of the state advisory panel represent a major gutting of existing advisory panel activities (Section 121. a 651, 652 and 653). State advisory panels would no longer have to comment publicly on the state plan, hold meetings as often as necessary or submit annual reports and recommendations. Once again, the Administration has attacked public participation in government. It is unacceptable. The ARC strongly suggests maintaining current regulatory language on state advisory panels.

#### CITIZEN OF THE MONTH CONTINUED FROM PAGE 9.

Steve Stolinski is a delightful young man who lives in a house in South Omaha with his mom and dad.

Whatever happens with the new South ITC or anything else in Steve's life, he may be assured of one thing . . . he lives in a home full of love!



The Greater Omaha Association for Retarded  
Citizens is a United Way Agency

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OMAHA, NE 68104

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Omaha, NE 68131

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# GOARC gazette

Twenty Years of Advocacy 1963-1983 Twenty Years of Progress

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## Covenants and Group Homes

By Dan Costello

On at least four occasions in the last two years (S. 90th St., Tara Heights in Papillion, Bellevue, and Trendwood in Lincoln) neighbors have mounted substantial opposition to the placement of a group home for mentally retarded people. In a number of other cases there has been opposition, but of a less substantial nature.

GOARC has been working with the public affairs department of Channel 7 to provide information to the public on group homes, their effect on neighborhoods, and the concerns about zoning and restrictive covenants. On October 17th, the Sunday Friends program on Channel 7 was devoted to the issues of zoning and restrictive covenants. Channels 7 and 26 (Nebraska Public Television) will be airing a half hour documentary on group homes in January. Check your listings, but it is projected to air on January 7th.

GOARC is also sending a special mailing to all of the neighbors in the S. 60th St. neighborhood who signed a petition to keep the group home out. Our mailing includes a flyer on the GE Theater production of Bill that won the ARC of the US Award of Excellence at the Dallas convention last month, and an article on group homes that was published in a newspaper from St. Paul Minnesota. The article is a visit to a neighborhood that had opposed a group home when it was first proposed, but had learned to live with their new neighbors a year later!

Group Homes, Continues on back page.

## Down's Syndrome Congress Meets

By Beth Fine, M.S., Genetic Counselor,  
Childrens Memorial Hospital

This conference was held in Chicago on November 5 - 7, 1982. Over 1100 people, mostly parents of children with Down's Syndrome, attended, along with other family members and professionals. Besides the informative and interesting program, there was a film festival and time to socialize with conference participants. As a genetic counselor, I attended the meeting with several goals: to learn more about Down's Syndrome and the latest medical and educational information available; to focus on and evaluate how the technical information was presented to parents; and to meet parents informally in an attempt to learn about their ideas, feelings and experiences they have had with their children, their school systems and support groups in their communities. These goals were met quite satisfactorily. In addition to the following summary of the conference, readers should feel free to contact me for further information at 390-5488 during working hours.

The conference began with a medical update by Dr. S. Pueschel, a Down's Syndrome expert and a parent of a child with Down's Syndrome. Since there was no new medical discovery to report, Dr. Pueschel spoke on the importance of monitoring sensory impairment to improve the quality of life of children with Down's Syndrome. Since children with Down's Syndrome are at an increased risk for developing visual and hearing problems, early detection is impor-

Down's Syndrome Congress, Con't on p. 3.



By Janet Miller

There were 10 new families referred to the Pilot Parent Program during the months of October and November. So far this year we have received 73 new referrals.

It may have been cold outside, on Monday evening, November 22, but the clubhouse of South Park Apartments was warm and the information gained was extremely helpful. Jean Guest, a dietician from the University of Nebraska Medical Center, presented information on nutrition to a group of fifteen parents. Jean spent quite a bit of time answering specific questions that some of the parents had regarding their children.

#### EVENTS

A dessert pot luck took place on Monday, October 18th at the beautiful Grover Square Apartments Clubhouse. This was the setting of the certificate presentation for those families who went through Pilot Parent training. Some of the newly trained Pilot Parents have been called upon to work with new families.

The snow and cold did not stop mothers and children from attending the Mother's Coffee held at Janet Millers house on Wednesday, October 20th. Eleven moms and ten children packed into Janet's living room to converse over coffee. The children thoroughly enjoyed the Miller's cat "Buffy". No one is sure how Buffy felt about the kids, however. Three of the mothers drove in from Council Bluffs, Iowa.

Robert & Debbie Sandoval opened their home in Elkhorn on Tuesday, November 16 to host a mothers coffee. There were nineteen mothers present. It was very exciting to have one particular mother-to-be there, as she is expecting to deliver a baby with Down Syndrome early next year. She said it helped her a great deal to meet other mothers and see children with Down Syndrome. Quite an assortment of rolls, coffee cakes, and other goodies were available. Robert, who had the day off, assisted in keeping the many children in line. It was great, also, to see so many mom's we haven't seen for a while.

LOOKING FOR persons interested in hosting mothers coffees in their homes during 1983. Pilot Parents provide coffee and treats. All you need to do is be ready to have mothers and children in your home for a couple of hours. If interested, contact Janet at 348-9220.

## SITTER/COMPANION

By Janet Miller

Training was held on November 8, 10, 15 and 17 for new Sitter/Companion. Fifteen people participated and should be certified by the end of the year. The trainees are currently attending their 4 hour practicumms and being interviewed. A number of the new Sitter/Companions are from the Sarpy County area.

By the end of this year we will have approximately sixty Providers available. We have tried to locate providers all across the city. If you have not already registered for the Sitter/Companion Program and are in need of a sitter, please contact us.

For those of you out there who have been reluctant to use the providers in this program we ask that you call us and let us know what your concerns are and how we can better serve you and your family.



Down's Syndrome Congress, Con't from p. 1.

tant because these problems can often be corrected. Physicians and parents should also watch for signs of heart, intestinal and thyroid problems. These can usually be treated medically and surgically, but, if left untreated, can result in serious damage and even death. The new and controversial topic of habilitative plastic surgery for children with Down's Syndrome was also discussed here and in a later workshop.

New advances in medical and molecular genetics which is applicable to Down's Syndrome research were described by Dr. Roy Schmickel, a geneticist at the University of Pennsylvania. This work includes breaking down the 21st chromosome to study the actual genes in an attempt to understand how these extra genes cause the group of characteristics and medical problems known as Down's Syndrome. Intervention at early stages of development as well as prevention are goals of this work. Dr. Joseph Berg spoke on epidemiology of Down's Syndrome -- the incidence of Down's Syndrome, the frequency of miscarriage of Down's Syndrome fetuses and the maternal age effect. Finally, Dr. Donna Spiker, a psychologist, reviewed the studies which used nutritional supplements to increase performance in children with Down's Syndrome. She reported that while studies are now in progress to attempt to replicate results previously reported, there have been no reliable experiments done to prove that megavitamin therapy raises the IQ of children with Down's Syndrome. Overall, the medical panel was informative and easy to understand despite the complex subject matter.

The following workshops were held concurrently and repeated so that participants could attend two on Saturday afternoon: Speech and Language Development, Habilitative Surgery for Persons with Down's Syndrome, Sensory Motor Development, Medical Forum, Training and Employment Opportunities for Persons with Down's Syndrome, How to Use the Media, Down's Syndrome in Focus: Severe and Profound Retardation - Medical Aspects, Needs and Services from Birth through Adulthood, and Siblings - a Special Workshop Exclusively for Brothers and Sisters of Children with Down's Syndrome. All were well received and stimulated much discussion during the free hours.

On Sunday, Dr. Kenneth Moses, a clinical psychologist, gave a dynamic talk on the challenge Down's Syndrome presents to families. He discussed the normal process of grieving for the "expected perfect" child and the importance of channelling the grief and anxiety towards coping and being productive. The Educational Research Panel followed with talks on Mainstreaming Research, Early Development in Children with Down's Syndrome, and on Curriculum Planning. All of these talks were encouraging in that recent advancements highlighted by the progress children with Down's Syndrome have made educationally reflect changing societal views.

Sunday's workshops were: Mainstreaming, Starting Your Own School, Montessori for Children with Down's Syndrome, Residential Alternatives for Adults with Down's Syndrome, The Value of Play in a Child's Life, Parent Groups, Adoption (for parents who have adopted children with Down's Syndrome and those who might be interested in adoption), and "Fathers Only" - an Opportunity for Fathers to Share Experiences. Again, all were well attended and informative. The innovative programs geared towards siblings and fathers were impressive and showed a national trend towards a focus on the family rather than the individual.

In summary, the conference was a success--an excellent learning experience as well as a wonderful opportunity to meet parents and professionals.

We are pleased to announce that GOARC Board member Bill Wills is successfully recovering from triple by-pass surgery and expects to be back at work in Jan.

 **Happy**   
**Holidays** 



RICH ANDERSON, ABOVE, ASSISTED AS AN AREA COORDINATOR IN THE NORTH-EAST AREA.

KARLA HANSON AND DEBBIE LAMBERT FROM THE WESTSIDE FUTURE BUSINESS LEADERS OF AMERICA FORMED A TEAM IN THE WEST AREA.



CINDY MISEREZ ASSISTED IN THE DISTRIBUTION POINT FOR THE CENTRAL AREA WHICH WAS MADONNA SCHOOL. THE CENTRAL AREA IS ONE OF THE LARGEST AREAS WITH CO-ORDINATION OUT OF THE MADONNA SCHOOL.

A NUMBER OF THE U.N.O. AND CREIGHTON FRATERNITIES AND SORORITIES PARTICIPATE IN HONEY SUNDAY. PICTURED AT THE RIGHT ARE MIKE CHERNY OF THE U.N.O. CHAPTER OF PI KAPPA PHI AND AN UNIDENTIFIED SELLER.

THE WEST AREA, WHERE THIS PICTURE WAS TAKEN, WAS COORDINATED BY RANDY REGAN, A FRATERNITY MEMBER AT U.N.O.



PICTURED AT THE LEFT IS CINDY BOEHMER AND AN UNIDENTIFIED SELLER IN THE NORTHWEST AREA. CINDY, AND HER HUSBAND MIKE, COORDINATED THE NORTHWEST AREA'S SALES AND DISTRIBUTION.

MIKE AND CINDY ARE MEMBERS OF GOARC'S PILOT PARENT PROGRAM AND WERE NAMED THE 1982 GOARC VOLUNTEERS OF THE YEAR.

PICTURED AT THE RIGHT IS MARIE LEADERS WHO COORDINATED THE SOUTHWEST AREA, AND PHIL GRAY WHO HEADED A SELLING TEAM.

MARIE IS AN ENCOR EMPLOYEE WHO WORKS IN THE FAMILY SUPPORT PROGRAM. PHIL IS A MEMBER OF THE GOARC BOARD OF DIRECTORS.



# HONEY SUNDAY



PICTURED ABOVE ARE: CORA MITCHELL, RONNETTE MITCHELL, DONNA BROWN, AND JACKIE DAVIS. THESE VOLUNTEERS FORMED ONE OF THE TEAMS IN THE NORTHEAST AREA. THE DISTRIBUTION POINT FOR THE NORTHEAST AREA WAS THE MILLER PARK YMCA. THESE VOLUNTEERS CAME BACK FOR MORE HONEY AFTER THEY COVERED THEIR FIRST PRECINCT.



PICTURED ABOVE ARE: TERRY AND TOM PHIPPS, AND RON STOFFERS (CENTER). THESE VOLUNTEERS WERE ONE OF THE TEAMS THAT PICKED UP THEIR HONEY FROM AK-SAR-BEN. THE LIVESTOCK PAVILLION AT AK-SAR-BEN WAS THE DISTRIBUTION POINT FOR THE SOUTH CENTRAL AREA.

## ARC NE Position on 'Private Providers' Adopted by Board

By Dan Costello

As our readers are aware, there are an increasing number of community-based residential and vocational services that are being provided throughout Nebraska by "private providers", that is by organizations that are not an integral part of the six regions. We are in Region VI (ENCOR).

There has been some concern on the part of the ARC system as to how these private providers would mesh with the existing regional system. Concern over one private provider led the ARC/NE to adopt a position opposing all private providers. GOARC did not support that position.

Concern over the position opposing all private providers led GOARC to set up its own Task Force on the role of private providers "on paper". But the Task Force was not activated pending the completion of the work of a new Task Force on the state level that was to re-design the policy.

That re-designed policy was presented to, and adopted by the ARC/NE Board of Directors at the December 4th Board meeting in Grand Island. We present the position here for your review.

The ARC/NE Task Force was chaired by Ken Keith of Lincoln and Marj Cederberg, Director of Programs for the Martin Luther Home Society attended the ARC/NE Board meeting as a member of the Task Force.

### COMPREHENSIVE, COORDINATED SERVICE DELIVERY SYSTEM - ARC/NE Board Position

Recognition of the rights of all citizens to presence and participation in the lives of their communities, to a normal lifestyle, to personal choices, and to respect and dignity, has brought with it increased awareness of the tremendous responsibilities of service providers and support systems. These responsibilities include a mounting necessity for innovation and ingenuity in serving persons with significant needs, as well as fiscal and managerial creativity to evolve new and dynamic models that are responsive to

changing times. The importance of these issues to the lives of individual citizens is of paramount concern to the Association for Retarded Citizens - Nebraska, and brings to the fore the critical importance of a systematic approach to service delivery.

Specifically, this Association has determined that it is in the best interests of the citizens of Nebraska to develop a comprehensive, coordinated service delivery system, responsive to the changing needs of the individuals it serves, to include the efforts of all service providers, whether public or private in nature. The principles governing such a comprehensive program of service deployment should include:

#### 1. Coordination of Service

--Available services, whatever their source, should be provided in a cooperative flexible manner. Case management is seen as the most critical role within the service delivery system and must serve to advocate for the individual. Case managers should be free to assist individuals in acquiring needed services from any provider, in order to best promote the welfare of the individual.

--Each agency should fit into an array of services that uses generic providers (those serving the general population) whenever possible, and specialized services when necessary, to meet the identified needs of each person. All agencies, public and private, should work together in this way.

--Each person should have an individual program plan that is based on a relevant assessment of the person's needs, and which incorporates a continuous, self-correcting process for evaluation and revision of the program.

#### 2. Quality

--Each agency should have a written statement describing its philosophy, purpose, long-range goals, current services, and commitment to continuing quality service to the community.

--Service quality assurance should include appropriate accreditation/certification of each program or component.

--Programs and environments should demonstrate ARC/NE Private Providers, Con't on p. 10.



ARC/NE Private Providers Con't from p. 9

strate a commitment to normalization of the lifestyle of each individual.

--Each service agency should posture its programs within the total continuum of services within its community and region. That is, agencies should plan jointly to assure that together they provide the fullest possible range of services.

### 3. Accessibility

--Service providers should be responsive to case management in coordinating intake and availability of service in such a way that services are accessible to citizens in a timely way, as needs arise.

--Service providers should jointly participate in planning and development of services, in order to provide the broadest possible spectrum of services according to types and levels of need.

### 4. Fiscal Responsibility

--Sharing of resources of all providers within a region should occur, in order to facilitate prudent management of costs.

--Joint planning involving all agencies within a community and region should be accomplished in a regular, ongoing fashion, in order to avoid costly duplication or waste of service capabilities.

--Case managers and service providers should make creative use of generic resources which tend to be more normalizing and less costly.

--Financial resources should be adequate to meet all individual needs, and flexible enough to meet changing individual needs and changing service providers.

\*\*\*    \*\*\*    \*\*\*    \*\*\*

It is the position of the Association for Retarded Citizens - Nebraska that these principles must be viewed as a coordinated whole. It is recognized that this document advocates some service delivery mechanisms and procedures which do not currently exist, but which are seen as significant goals for development and improvement of services.

Watch for notice of Adult Education programs designed for graduates of Special Education offered by District 66 and Metro Tech.

There will be three courses offered. There will be a course in Job Seeking Skills for people who are out looking for work, but who need to know who to look. There will be a course in How to Structure Leisure Time. And, there will be a course in instruction in basic Daily Living Skills.

For more information call the GOARC offices at 348-9220.

#### IN MEMORIUM

##### BERNICE SKINNER

Joseph & Margaret Helmann  
Ronald & Edna King  
Les & Jenny Samson  
Dorothy Van Ackeren  
Ann Loomis  
Mr. & Mrs. Adolph Grimm

##### BEN WALBACH

Mr. & Mrs Gary Schultz  
Joe & Helen Schultz

##### HELEN FENNEL

Softball Team  
Joe & Helen Schultz  
St. Vincent De Paul Store Inc.  
Mr. & Mrs. Robert Shirley  
Tim & Judy McGuire  
Jerold & Nancy Fennell  
Robert & Marcia Rother  
Glen & Betty Echtenkamp  
Mike & Sue Hall  
Leona Lindsay  
T.D. & Martha Kiefer  
Albert & Nancy Nick



# SENATORIAL APPRECIATION DINNER THURSDAY, FEBRUARY 3 PERSHING AUDITORIUM LINCOLN, NEBRASKA

FOR TICKET INFORMATION, OR INFORMATION ABOUT THE SENATORIAL APPRECIATION DINNER CALL THE GOARC OFFICES AT 348-9220, OR ARC/NE AT 1-475-4407.

## PROJECT II

Lowell Rector says, "GOARC has moved into a new building. We are glad, because now Project II will have its own meeting space and the staff have nice offices".

By Ollie Rector & Tom Houlihan

On November 9th, Ollie Rector and Tom Houlihan went to the National Convention of the Association for Retarded Citizens in Dallas, Texas. Tom gave a talk in a panel on "Getting Ready to Be 21". He talked about "Getting Ready to Speak for Yourself". Ollie had her vacation there, the best she ever had in her life. Ollie like the luxurious Hyatt Regency Hotel. She says, "the people treated me just like anyone else. I met lots of friends in Dallas." Bonnie Shoultz was there, too. In one workshop on self-advocacy, Ollie asked the group to listen to a story out of our book, We Can Speak for Ourselves. Bonnie read the story written by Ollie. Tom says, "I enjoyed going out to the dude ranch, and also the banquet where I met two friends. One, from 20-20, is Geraldo Revera, and one, William Sackter, is from the movie, Bill. He really impressed me. I roomed by myself for two nights and then I got two roommates - Dave Powell and George Armstrong".

Tom and Ollie drove down and back with a group from Lincoln. That group included some of the new officers of People First of Nebraska.

Project II is planning to have a Christmas party in December. In January there will be an election of officers for Project II.

This drawing by Martha Perske was auctioned off at the convention, and was on every program. Martha won a special ARC award.



**"We Speak  
for  
Ourselves"**

Group Homes, Continued from front page.

Perhaps the most important development, however, is a court decision in a suit filed by the neighbors in the Trendwood subdivision in Lincoln. This case may set some precedent for the State in terms of using restrictive covenants to keep group homes out of neighborhoods. Both the ARC of Nebraska and the ARC of Lincoln entered the case as friends of the court and presented an extremely well argued brief.

The decision, rendered by Judge McGinn, may be the foundation for the interpretation of restrictive covenants in Nebraska.

The decision said, in part:

"From an examination of the evidence before this Court and the law applicable to these types of cases it appears that the house . . . will remain a single family dwelling if occupied by the five mentally retarded women and their house-  
parents. The house will appear no different than any of the other houses in the neighborhood to any persons passing by. . . . The five women and their house-  
parents will live together as a family unit.

The Court finds that the plaintiffs have failed to prove that any injury or damage will be suffered by them if they do not obtain the injunctive relief sought. There is no evidence before the Court to indicate that the group home would threaten anybody's safety or reduce the value of the plaintiffs' property.

Permitting the operation of this group home is consistent with the Protective Covenant in question and the law applicable to the Court's interpretation of the Protective Covenant. It is also consistent with the public policy of this state of bringing mentally retarded persons out of institutions and recognizing their rights to live as normal lives as possible. . . ."

(The emphasis is mine.)

As time goes on there may be more challenges to the placement of group homes, but it appears that this decision - especially its emphasis on the failure to prove injury, the emphasis on single-family


unit language, and the emphasis on public policy should lay a substantive framework for future discussions.

## Halloween Dance

By Dena Launderville

With 230 people in attendance, (this includes 60 volunteers), the Adaptive Recreation Program through the City of Omaha hosted a Halloween Dance. Many of the people attending wore costumes to stay in the spirit [one of my favorites was a person dressed up as Harpo Marx (the one with the horn)]. A big, THANK YOU, must go to the Uta Halee Girls Village for their participation in decorating and keeping everyone dancing.

We hope to see everyone at the next dance or activity.

 The Greater Omaha Association for Retarded Citizens is a United Way Agency	GOARC 3610 Dodge St. Suite 101 Omaha, NE 68131	NON PROFIT ORG. U.S. POSTAGE PAID OMAHA, NE PERMIT #109
	SHIRLEY DEAN 5809 SPAULDING OMAHA, NE 68104	

# GOARC gazette

Twenty Years of Advocacy 1963-1983 Twenty Years of Progress

VOL XIV NO 10 GOARC - THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS DEC 1982

## 1982 GOARC ANNUAL REPORT

DEAR READERS,

Several years ago we established the tradition of using the December edition of the GAZETTE as the Association's Annual Report.

Our purpose in doing so was to provide our readers - and particularly our members with an accounting of the Association's activities for the preceding year. While we try to give you some summary of our work on a monthly basis in the regular GAZETTE, we felt that you deserved an annual summation of our efforts.

In the pages of this Annual Report you will find the work of 1982 arranged by program area. The Association maintains four programs (in addition to our Management Program and Fund Raising Program). In each of the program areas there are a number of different elements.

While these four programs explore the primary programmatic thrusts of the Association, there were a number of other items of interest that are not included below. I would like to spend a short time to discuss some of those areas with you.

1982 saw the first staff changes in a number of years. Mary Magnuson Fischer who had been on the GOARC staff for two years left as the Director of the Fund Raising, Public Education and Volunteer Programs. Mary was a valuable addition to the GOARC staff and we were all sad to see her "retire" to the private sector. In December GOARC announced the hiring of Joan Nigro as the new Director of Fund Raising, Public Education and Volunteer Programs. Joan

brings with her a number of years of experience and recognition in those areas having worked with the American Cancer Society and the March of Dimes. During 1982 Carol Marino, the staff assistant in the Sitter/Companion program left, and was replaced by Sue Halvorson. And, finally, our new Recreation Coordinator, Brenda Winn was hired to start work in 1983.

The Recreation Coordinator position was the result of a grant from Swing for the Retarded. GOARC submitted five grants in 1982. Two were for recreation programs, two were for Citizen Advocacy Programs, and the fifth for a computer system. Only two were granted.

1982 also saw the revision of the Association's By-Laws, Affirmative Action Policy, and Personnel Policies. Also, for 1983 we have developed job objectives for all staff and have continued to upgrade our reporting and documentation.

I hope all of you - ESPECIALLY THOSE WHO ARE GOARC MEMBERS AND HAVE A SPECIAL RELATIONSHIP WITH THE ASSOCIATION - will share our pride in another year of accomplishments for mentally retarded people and their families.

Sincerely,

Bonnie Shoultz, President

Daniel R. Costello, Executive Director

PS. This report was completed before the end of the year, therefore some figures are projections.

# ADVOCACY PROGRAM

THE ADVOCACY PROGRAM INVOLVES A NUMBER OF ELEMENTS.

- THE GAZETTE - GOARC PUBLISHES A MONTHLY NEWSLETTER CALLED THE GAZETTE. THE GAZETTE REACHES NEARLY 2,000 HOUSEHOLDS IN THE GREATER OMAHA AREA AND IS DESIGNED TO PROVIDE READERS WITH UP TO DATE INFORMATION ON ISSUES, PROGRAMS, LEGISLATION, AND PERSONAL INTEREST STORIES.

## GAZETTE ACTIVITY IN 1982

10 EDITIONS/27,500 COPIES TO 46 NEBRASKA CITIES, 79 SITES OUT OF STATE, AND 2 COPIES TO CANADA

- PROJECT II - PROJECT II IS A SELF-ADVOCACY GROUP SPONSORED BY GOARC. MOST OF THE MEMBERS OF PROJECT II SPENT A NUMBER OF YEARS IN THE STATE INSTITUTION. NOW PROJECT II PROVIDES A FORUM FOR TRAINING IN RIGHTS ISSUES, SOCIAL EVENTS, AND AN OPPORTUNITY TO DEVELOP THE SKILLS NECESSARY TO BE AN ACTIVE AND PRODUCTIVE MEMBER OF THE COMMUNITY.

## PROJECT II ACTIVITY IN 1982

### MEETINGS (11 BUSINESS MEETINGS/AVERAGE ATTENDANCE 35)

- DISCUSSION OF DE-INSTITUTIONALIZATION AND THE IMPLICATIONS OF COMMUNITY LIVING.
- DISCUSSION OF LEGAL RIGHTS IN HOUSING/EMPLOYMENT WITH SPEAKER FROM THE OMAHA HUMAN RELATIONS DEPARTMENT.
- DISCUSSION OF POLITICAL ACTION AND LETTER WRITING TO PUBLIC OFFICIALS.
- CONVENTION PLANNING FOR THE 1982 PEOPLE FIRST OF NEBRASKA CONVENTION (HELD OCTOBER 1982)
- DISCUSSION ON SELF-ADVOCACY.
- DISCUSSION OF RAPE AND SEXUAL ABUSE WITH SPEAKER FROM YWCA.
- PARTICIPATION IN 1982 PEOPLE FIRST OF NEBRASKA CONVENTION (SPEAKERS/LEADERS IN 10 WORKSHOPS).

### SOCIAL EVENTS (AVERAGE ATTENDANCE 100 PEOPLE)

ST. PATRICK'S DAY DANCE  
SUMMER PICNIC  
SUMMER COOK-OUT  
HALOWEEN DANCE  
CHRISTMAS PARTY

- EDUCATIONAL SERVICES - GOARC'S EDUCATIONAL SERVICES COMMITTEE MAINTAINS AN OPEN DIALOGUE WITH SCHOOL ADMINISTRATORS TO IDENTIFY AND RESOLVE ISSUES RELATED TO SPECIAL EDUCATION.

## EDUCATIONAL SERVICES ACTIVITY IN 1982

- REVIEWED AND PROVIDED INPUT ON THE ROLE OF PARENTS IN THE INDIVIDUAL EDUCATION PLAN (IEP) DEVELOPMENT PROCESS/RECOMMENDATIONS FORWARDED TO OMAHA PUBLIC SCHOOL ADMINISTRATION.
- REVIEWED NEEDS FOR TEACHER TRAINING, FROM THE PARENTS' PERSPECTIVE.
- REVIEWED STATE DEPARTMENT GUIDELINES FOR ADMISSION TO EDUCABLE MENTALLY HANDICAPPED AND MENTALLY RETARDED PROGRAMS/RECOMMENDATIONS FORWARDED TO

STATE DEPARTMENT OF EDUCATION.

- REVIEWED PARENT TRAINING MATERIALS FOR NEBRASKA EDUCATION ASSOCIATION.
- PROPOSED THE USE OF PARENT VOLUNTEERS IN SPECIAL EDUCATION CLASSES.
- DEVELOPED A CHECKLIST FOR PARENTS TO ASSIST IN OBTAINING HOME-BOUND SERVICES THROUGH THE PUBLIC SCHOOLS.
- REVIEWED PROPOSED CHANGES IN PUBLIC LAW 94-142 (RIGHT TO EDUCATION FOR ALL HANDICAPPED STUDENTS).
- DEVELOPED A 10 POINT PROGRAM OF GOALS

TO ACHIEVE MEANINGFUL PARENT INPUT IN ALL PLACEMENT AND PROGRAM DECISION-MAKING AT THE INITIAL STAGE(S) OF THAT PROCESS, AND TO INSURE CONTINUED PARENT INVOLVEMENT THROUGHOUT THE PROCESS.

TO ACHIEVE MORE CONTINUITY IN THE EDUCATIONAL EXPERIENCE FOR ALL SPECIAL EDUCATION STUDENTS.

TO REVISE CURRENT CURRICULA AND 'GROUPING OF STUDENTS' TO ALLOW FOR MORE FLEXIBILITY IN PLACEMENT AND PROGRAMS.

TO INSURE THE AVAILABILITY OF READING TO ALL STUDENTS WHOSE NEEDS INDICATE IT APPROPRIATE.

TO INSURE THAT CURRENT DISCIPLINARY CODES DO NOT DISCRIMINATE AGAINST HANDICAPPING CONDITIONS.

TO SEEK LESS DELAY IN THE IMPLEMENTATION OF HOME-BOUND PROGRAMS FOLLOWING DIAGNOSIS OF A HANDICAPPING CONDITION.

TO INSURE AN INTEGRATION RATION OF NO LESS THAN 1-1 IN ALL PRE-SCHOOL PROGRAMS

TO PROVIDE MORE JOB TRAINING AND PLACEMENT PROGRAMS FOR ALL SPECIAL EDUCATION STUDENTS.

TO PROVIDE AIDES IN ALL SPECIAL EDUCATION CLASSROOMS.

TO PROVIDE FOR MORE COMMUNICATION AMONG SCHOOLS, COMMUNITY MENTAL RETARDATION PROGRAMS, AND OTHER GENERIC AGENCIES SERVING PEOPLE WITH HANDICAPS.

- GOVERNMENTAL AFFAIRS - GOARC MAINTAINS AN ACTIVE GOVERNMENTAL AFFAIRS PROGRAM WHICH INVOLVES LEGISLATIVE ACTION AT THE LOCAL, STATE, AND NATIONAL LEVELS. RECENT LEGISLATIVE SUCCESSES HAVE INCLUDED A CHANGE IN THE NEBRASKA GUARDIANSHIP LAW TO PROVIDE GREATER PROTECTIONS, AND THE INCLUSION OF THE PREVENTION OF MENTAL RETARDATION IN THE PUBLIC SCHOOL HEALTH CURRICULUM.

#### GOVERNMENTAL AFFAIRS ACTIVITY IN 1982

##### LEGISLATION

- WE ACHIEVED A CHANGE IN THE LANGUAGE GOVERNING THE DISTRIBUTION OF A SPECIAL STATE FUND KNOWN AS 035. THIS CHANGE WILL MEAN THAT 41 PEOPLE FROM THIS REGION WILL BE TAKEN OFF OF THE WAITING LIST AND PROVIDED VOCATIONAL SERVICES, AND THAT 15 PEOPLE WILL BE TAKEN OFF OF THE WAITING LIST AND PROVIDED RESIDENTIAL SERVICES. THIS CHANGE WAS PROPOSED BY THE GOARC 035 TASK FORCE.
- WE ACHIEVED PASSAGE (IN COOPERATION WITH THE STATE-WIDE NETWORK OF LOCAL ASSOCIATIONS) OF THE 'LIMITED GUARDIANSHIP BILL' WHICH WILL SIGNIFICANTLY ENHANCE THE RIGHTS AND PROTECTIVE SAFEGUARDS WITHIN THE GUARDIANSHIP PROCESS.
- WE ACHIEVED PASSAGE (IN COOPERATION WITH THE STATE-WIDE NETWORK OF LOCAL ASSOCIATIONS) OF THE 'PREVENTION BILL' WHICH WILL MEAN THAT THE PREVENTION OF MENTAL RETARDATION WILL BE INCLUDED IN PUBLIC SCHOOL CURRICULUM.
- WE ACHIEVED AN OVERRIDE (IN COOPERATION WITH THE STATE-WIDE NETWORK

OF LOCAL ASSOCIATIONS) OF GOVERNOR THONE'S VETO OF FUNDING FOR COMMUNITY PROGRAMS WHICH MEANT THAT NO CLIENTS WERE CUT FROM SERVICES.

-WE PROVIDED TESTIMONY BEFORE THE APPROPRIATIONS COMMITTEE REGARDING THE NEED FOR FUNDING OF THE 'IN-HOME SUPPORT BILL'.

-WE PROVIDED TESTIMONY BEFORE THE HEALTH AND WELFARE COMMITTEE REGARDING THE NEED FOR THE 'NURSING HOME REFORM BILL'.

-WE PROVIDED INPUT FOR THE TESTIMONY OF THE ARC/NE BEFORE THE APPROPRIATIONS COMMITTEE REGARDING FUNDING FOR MENTAL RETARDATION PROGRAMS.

-IN COOPERATION WITH THE ARC/NE, GOARC STRONGLY SUPPORTED THE DEVELOPMENTS OF THE TITLE XIX WAIVER WHICH COULD MEAN THAT OVER 300 PEOPLE, STATE-WIDE, WHO ARE CURRENTLY ON WAITING LISTS, COULD ENTER VOCATIONAL AND RESIDENTIAL SERVICES.

#### REGULATORY

-GOARC PROVIDED ANALYSIS AND INPUT OF THE ELIGIBILITY GUIDELINES FOR IMPLEMENTATION OF THE 'IN-HOME SUPPORT BILL' WHICH SIGNIFICANTLY EXPANDED THE NUMBER OF PERSONS ELIGIBLE.

#### OTHER

-GOARC SPONSORED ONE SENATORIAL COFFEE IN 1982.

-GOARC ORGANIZED OVER 100 PEOPLE TO ATTEND THE ANNUAL SENATORIAL APPRECIATION DINNER

- TASK FORCE(S) - AS THE NEED ARISES, GOARC ESTABLISHES VOLUNTEER TASK FORCES TO ADDRESS SPECIFIC ISSUES OR CONCERNS.

#### TASK FORCE(S) ACTIVITY IN 1982

##### ENCOR TASK FORCE

-REVIEWED AREAS OF CONCERN IN TRANSPORTATION, MAINTENANCE, AND BUDGETING/FORWARDED RECOMMENDATIONS TO ENCOR ADVISORY COMMITTEE.

-REVIEWED ENCOR OPERATING BUDGET/FORWARDED RECOMMENDATIONS TO ENCOR OFFICE DIRECTOR

-DEVELOPED A SYSTEM FOR MONITORING THE EFFECT ON CLIENTS OF BUDGET CUTS MADE IN RESPONSE TO DECREASED FUNDING/RECOMMENDATIONS IMPLEMENTED BY ENCOR HUMAN AND LEGAL RIGHTS COMMITTEE.

-ANALYZED 'THE REPORT OF THE ENCOR AD HOC TASK FORCE ON SERVING MENTALLY RETARDED CITIZENS WITH ALLIED MENTAL ILLNESS'/ANALYSIS FORWARDED TO THE ENCOR GOVERNING BOARD.

##### 035 TASK FORCE

-DEVELOPED RECOMMENDATIONS ON WAYS TO DECREASE THE NUMBER OF PEOPLE ON WAITING LISTS FOR SERVICES, AND DECREASING THE AVERAGE LENGTH OF TIME ON WAITING LISTS/RECOMMENDATIONS IMPLEMENTED (SEE GOVERNMENTAL AFFAIRS).

- INFORMATION AND REFERRAL - GOARC HANDLES HUNDREDS OF CALLS A MONTH FROM PEOPLE REQUESTING INFORMATION. MANY OF THESE CALLS CAN BE HANDLED BY GOARC STAFF, OTHERS REQUIRE REFERRAL TO OTHER AGENCIES.

#### INFORMATION AND REFERRAL ACTIVITY IN 1982

- WE PROJECT TO HAVE ANSWERED OVER 1,500 CALLS REQUESTING INFORMATION AND/OR REFERRAL IN 1982.

- **MONITORING** - IN ORDER TO INSURE THAT SERVICES ARE PROVIDED IN THE BEST POSSIBLE MANNER, VOLUNTEERS MONITOR RESIDENTIAL AND VOCATIONAL SERVICES IN THE GREATER OMAHA AREA.

VOLUNTEERS ARE TRAINED IN MONITORING, AND ARE PROVIDED WITH ADDITIONAL SUPPORT AS NEEDED. ESSENTIAL TO THE MONITORING PROCESS ARE ADVOCACY AND FOLLOW-UP IF THE MONITORING TEAM IS NOT COMPLETELY SATISFIED WITH ITS VISIT.

#### MONITORING ACTIVITY IN 1982

##### RESIDENTIAL MONITORING

- SEVEN MONITORING TEAM VISITS TO GROUP HOMES IN DOUGLAS AND SARPY COUNTIES (INCLUDING ENCOR, YOUTH CARE, INC., AND MARTIN LUTHER HOME SOCIETY, INC.)

##### VOCATIONAL MONITORING

- FOUR VOCATIONS PROGRAMS MONITORED IN DOUGLAS AND POTTAWATAMIE COUNTIES (INCLUDING ENCOR AND VOCATIONAL DEVELOPMENT, INC.)
- ANALYSIS OF ENCOR PLACEMENT DEPARTMENT/RECOMMENDATIONS FORWARDED TO DIRECTOR OF THE EASTERN NEBRASKA HUMAN SERVICES AGENCY (ENHSA).

- **PERSONAL ASSISTANCE** - GOARC STAFF IS ALSO AVAILABLE TO ASSIST FAMILIES AND INDIVIDUALS WITH SPECIFIC PROBLEMS. CONCERNS ABOUT SOCIAL SECURITY, INDIVIDUAL EDUCATION PLANS (I.E.P.S), ABUSE AND NEGLECT, AND QUESTIONS OF DISCRIMINATION ARE THE KINDS OF CONCERNS THAT CAN BE ADDRESSED.

#### PERSONAL ASSISTANCE ACTIVITY IN 1982

- WE PROJECT TO HAVE ASSISTED OVER 50 INDIVIDUALS WITH PERSONAL ASSISTANCE ABOVE AND BEYOND INFORMATION/REFERRAL.

- **REPRESENTATION AND LIAISON** - GOARC MAINTAINS A STRONG, VISABLE, AND PERMANENT VOICE FOR THE MENTAL RETARDATION COMMUNITY IN A NUMBER OF AREAS.

#### REPRESENTATION AND LIAISON ACTIVITY IN 1982

- THE INTERESTS OF PEOPLE WITH MENTAL RETARDATION AND THEIR FAMILIES WERE REPRESENTED IN THE FOLLOWING AREAS THROUGH GOARC ACTIVITY:

ENCOR ADVISORY COMMITTEE  
NEBRASKA HUMAN SERVICES CONSORTIUM  
CITY OF OMAHA CIVIL RIGHTS HEARING BOARD  
REGION VI DEVELOPMENTAL DISABILITIES COUNCIL  
OMAHA PUBLIC SCHOOLS SPECIAL EDUCATION ADVISORY COMMITTEE  
MAYOR'S COMMITTEE ON THE HANDICAPPED  
FOSTER CARE REVIEW BOARD  
ENCOR HUMAN AND LEGAL RIGHTS COMMITTEE  
GOVERNOR'S INTERNATIONAL YEAR OF DISABLED PERSONS COMMITTEE AND  
GOVERNOR'S EMPLOYMENT OF HANDICAPPED PERSONS COMMITTEE  
EDUCATION OF PUBLIC OFFICIALS GRANT ADVISORY COMMITTEE



# **FAMILY SUPPORT PROGRAM**

- PILOT PARENTS - STARTED THROUGH GOARC, IN 1971, PILOT PARENTS HAS BECOME AN INTERNATIONAL MODEL OF PARENT-TO-PARENT SUPPORT. THE PILOT PARENT CONCEPT HAS BEEN DUPLICATED ACROSS THE UNITED STATES, CANADA, AND EUROPE.

THE PILOT PARENT PROGRAM IS A VOLUNTARY PROGRAM IN WHICH PARENTS OF HANDICAPPED CHILDREN HELP PARENTS WHO HAVE RECENTLY LEARNED THAT THEIR CHILD HAS MENTAL RETARDATION, CEREBRAL PALSY, EPILEPSY, AUTISM, OR OTHER DEVELOPMENTAL DISABILITY. ALTHOUGH PILOT PARENTS IS A PROGRAM OF GOARC, ALL DEVELOPMENTAL DISABILITIES ARE COVERED THROUGH THE REFERRAL SYSTEM.

PILOT PARENTS HAVE HAD THE EXPERIENCE OF LEARNING THEIR CHILD IS HANDICAPPED. THEY HAVE ASKED MANY OF THE SAME QUESTIONS THAT 'NEW' PARENTS ASK. PILOT PARENTS HAVE LEARNED, THROUGH THEIR PERSONAL EXPERIENCES, THAT RAISING A HANDICAPPED CHILD CAN BE REWARDING. PILOT PARENTS HAVE TAKEN TRAINING TO ENABLE THEM TO ASSIST AND GUIDE 'NEW' PARENTS OF HANDICAPPED CHILDREN.

PILOT PARENTS OFFER EMOTIONAL SUPPORT AND UNDERSTANDING, FACTUAL INFORMATION ABOUT DEVELOPMENTAL DISABILITIES, FACTUAL INFORMATION ABOUT MEDICAL SERVICES AND OTHER PROGRAMS, AND AN INTRODUCTION TO HELPFUL PEOPLE AND GROUPS THAT SHARE COMMON CONCERNS AND INTERESTS.

THE PILOT PARENT PROGRAM INCLUDES A SYSTEM OF REFERRAL, TRAINING OF NEW PILOT PARENTS, SOCIAL EVENTS, INFORMATIONAL EVENTS, AND RESOURCE SHARING.

## **PILOT PARENT PROGRAM ACTIVITIES IN 1982**

### **REFERRALS**

- WE PROJECT THAT THERE WILL BE 76 REFERRALS TO THE PILOT PARENT PROGRAM IN 1982

### **SOCIAL/SHARING**

- THE PILOT PARENT PROGRAM WILL SPONSOR 12 SOCIAL/SHARING EVENTS IN 1982.

### **ANNUAL EVENTS**

- THE FOLLOWING ANNUAL PILOT PARENT EVENTS OCCURRED IN 1982  
PILOT PARENT DINNER  
MOTHER'S DAY SALAD LUNCHEON  
PILOT PARENT PICNIC  
PILOT PARENT CHRISTMAS PARTY

### **PILOTING PARENTS**

- IN 1982 THERE WERE 30 FAMILIES AVAILABLE FOR PILOTING

### **TRAINING**

- IN 1982 ONE TRAINING SESSION WAS HELD LEADING TO CERTIFICATION OF AN ADDITIONAL 10 PILOTING FAMILIES.

### **EDUCATIONAL PROGRAMS**

- THE PILOT PARENT PROGRAM SPONSORED THE FOLLOWING EDUCATIONAL

# FIRST 1983 LEGISLATIVE ALERT

READERS ARE URGED TO WRITE NOW ON SPECIAL EDUCATION FUNDING

Background: The State of Nebraska reimburses local school districts for 90% of the costs of special education programs (that is 90% of the costs over the average per pupil costs for non-special education programs). This funding is usually given in two parts. First, the Legislature sets an amount during their session for the following school year. For example, the Legislature budgeted about \$34.4 million for this school year during their session last spring. Second, when the local school districts have their school years under way, the Department of Education goes back to the Legislature and requests a supplemental appropriation. This supplemental appropriation is to make up the difference between the amount allocated by the previous legislative session and the actual school costs for this year.

For the first time, this year, there is concern that the Legislature may decide not to reimburse at the 90% level. There has been some talk about reimbursement at a 75% level, for example. The Controller for the State Department of Education was quoted by AP as saying "I wouldn't want to make a prediction (on whether the state's tight financial picture would mean a cut in the level of allocation)." IF there is a cut it would be particularly difficult for local school districts because this is money that is already being spent. The most probable outcomes of such a cut would be increased property taxes and/or cuts in special education programs.

THEREFORE, WE WOULD URGE OUR READERS TO WRITE, NOW, TO SHOW THEIR SENATOR THAT THEY SUPPORT SPECIAL EDUCATION - EVEN IN HARD FINANCIAL TIMES.

Sample Letter: (All letters can go to your  
Senator at: State Capitol  
Lincoln, NE 68509

Dear Senator \_\_\_\_\_,

My name is \_\_\_\_\_, and I live at  
\_\_\_\_\_.

I am writing to ask that you vote to support state funding for special education programs at the full 90% rate.

I know that the State of Nebraska has a strong commitment to all education programs, and in particular for special education programs at all levels. I would ask that you continue that support during this legislative session.

(If you are the parent of a handicapped child it would be appropriate to add a short paragraph about how special education has benefitted your son or daughter.)

Thank you for your continued concern about the education of all of Nebraska's students.

Sincerely,

Senators:

District 4 - Gary Hannibal

District 5 - Bernice Labeledz

District 6 - Peter Hoagland

District 7 - Karen Kilgarin

District 8 - Vard Johnson

District 9 - Marge Higgins

District 10 - Carol Pirsch

District 11 - Ernie Chambers

District 12 - Chris Abboud

District 13 - Dave Newell

District 20 - Glenn Goodrich

District 31 - Steve Wittala

IF YOU DON'T KNOW YOUR DISTRICT  
CALL GOARC AT 348-9220!!

# MORE NEWS AND NOTES

## GENERAL MEMBERSHIP MEETING/OPEN HOUSE SCHEDULED FOR JANUARY 20th

We would like to invite all of our readers to an Open House/General Membership meeting scheduled for Thursday, January 20th. The formal agenda will include: an update on legislative affairs, an annual report to the members on GOARC's activities during 1982, and the selection of individuals to be on the 1983 Nominating Committee.

There is still a lot of work to be done on our new office space, but we would like to take this opportunity to invite you to come on in and see our new location - we are quite proud of the new facilities and would like to have you share in our excitement.

The new offices are located at 3610 Dodge. Our office number is 101. There is lots of parking in a lot to the North of the building, come in the North door and you'll be almost there.

One of the main reasons for moving (and for moving to this location) is so that our offices will be accessible. They are not yet accessible; there remain some modifications to be done, but we expect that they will be fully accessible by the end of February.

COME JOIN US FOR AN OPEN HOUSE AND GENERAL MEMBERSHIP MEETING. THE BUSINESS PORTION OF THE MEETING WILL BEGIN AT 7:00PM (please note the starting time of 7:00 rather than 7:30).

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## DISTRICT 66 AND METRO TECH OFFER ADULT ED COURSES

District 66 Schools and Metro Tech will be offering three courses designed for graduates of special education programs. CLASSES BEGIN THE WEEK OF JANUARY 24, 1983. REGISTRATION CAN BE DONE BY PHONE BY CALLING 734-4674. The cost is \$26.00 per course. The courses last about 10 weeks. Courses will be offered at Westside High and Arbor Heights Junior High.

We do not have a complete course description yet, but these are the three courses:

1. Job Seeking Skills - this course is for the work ready individual who needs to know how to look for work. Course content will include interviewing, resumes, filling out job applications, etc.
2. Leisure/Recreation Activities - this course is designed to teach individuals how to use their leisure time.
3. Daily Living Skills - this course will be instructional in areas of daily living (survival skills).

For more information about when and where the courses will be offered, call the GOARC office (348-9220), or check the supplement in the TV section of the January 2, 1983 World-Herald.

**THE MEMBERS OF  
GOARC CAN TAKE  
SPECIAL PRIDE IN  
THIS ANNUAL REPORT.**

**IF YOU ARE NOT  
A MEMBER,  
PLEASE CONSIDER  
THE SPECIAL  
SUPPORT YOU CAN  
PROVIDE TO THESE  
PROGRAMS BY  
BECOMING A GOARC  
MEMBER.**

**JOIN GOARC TODAY.  
A MEMBERSHIP  
APPLICATION IS ON  
THE BACK PAGE  
OF THE GAZETTE.**

**DO YOU NEED  
HELP IN FINDING  
AN APPROPRIATE  
RECREATION PROGRAM  
FOR YOUR SON  
OR DAUGHTER?  
CALL THE GOARC  
RECREATION  
COORDINATOR  
AT 348-9220**

**\***

THE RECREATION COORDINATOR IS FUNDED BY A GRANT  
FROM SWING FOR THE RETARDED, AND GOARC.

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# FEBRUARY & MARCH CALENDER OF EVENTS

- February 16 - ENHSA Board of Directors Meeting  
February 17 - Region VI Developmental Disabilities Council Meeting  
Pilot Parent Advisory Committee Meeting  
February 18 - Pilot Parent Mothers' Coffee  
Project II Meeting  
February 19 - Valentine's Day Dance (Adaptive Recreation & Project II)  
February 21 - Pilot Parent Annual Dinner  
FEBRUARY 22 - GOARC FORUM - LEGISLATIVE UPDATE
- March 1 - GOARC Executive Committee  
March 2 - GOARC Administrative Services Committee Meeting  
March 8 - OPS Special Education Advisory Committee Meeting  
GOARC Educational Services Committee Meeting  
March 9 - Sitter/Companion Program Advisory Committee Meeting  
March 10 - Pilot Parent Advisory Committee Meeting  
March 14 - ENCOR Advisory Committee Meeting  
March 16 - ENHSA Board of Directors Meeting  
March 17 - Region VI Developmental Disabilities Meeting  
March 18 - Project II Meeting  
March 19 - St. Patrick's Day Dance (Project II & Adaptive Recreation)  
March 21 - Pilot Parent Meeting  
MARCH 22 - GOARC FORUM - GETTING READY FOR SUMMER
- MARCH 25, 26 & 27 - KNIGHTS OF COLUMBUS TOOTSIE ROLL DRIVE  
MARCH 25, 26 & 27 - ARC OF NEBRASKA ANNUAL CONVENTION  
ACP (ASSOCIATION OF COMMUNITY PROFESSIONALS  
ANNUAL CONVENTION)  
March 28 - GOARC Residential Services Committee Meeting
-

## **TUESDAY, FEBRUARY 22 FORUM: LEGISLATION**

DAVE POWELL, THE EXECUTIVE DIRECTOR OF THE ARC OF NEBRASKA, WILL PRESENT A FORUM DISCUSSION ON THE EVENTS OF IMPORTANCE AT THE STATE LEGISLATURE. THE DISCUSSION WILL INCLUDE AN UPDATE ON FUNDING FOR SPECIAL EDUCATION AND COMMUNITY PROGRAMS, AN UPDATE ON THE LAWS REGARDING GROUP HOMES, AND IMPORTANT INFORMATION ON HOW YOU CAN HELP. THE FORUM WILL BE HELD AT THE GOARC OFFICES - 3610 DODGE, ROOM 102. THERE IS PARKING TO THE NORTH OF THE BUILDING. COME IN THE NORTH DOOR. THE FORUM WILL BEGIN AT 7:00 PM.

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## **TUESDAY, MARCH 22 FORUM: SUMMER RECREATION PROGRAMS**

BRENDA WINN, THE GOARC RECREATION COORDINATOR WILL PRESENT A FORUM ON THE RECREATIONAL AND LEISURE OPPORTUNITIES THAT WILL BE AVAILABLE IN THE OMAHA AND BELLEVUE AREAS DURING THE SUMMER. WE ARE HOLDING THIS FORUM EARLY SO YOU WILL HAVE AN OPPORTUNITY TO REGISTER YOUR SON OR DAUGHTER FOR SUMMER PROGRAMS THAT OFTEN FILL UP FAST. THE FORUM WILL BE HELD AT THE GOARC OFFICES - 3610 DODGE, ROOM 102. THERE IS PARKING TO THE NORTH OF THE BUILDING. COME IN THE NORTH DOOR. THE FORUM WILL BEGIN AT 7:00 PM.

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DO YOU KNOW SOMEONE WHO WOULD BE A GOOD MEMBER OF THE GOARC BOARD OF DIRECTORS? IF SO, PLEASE GIVE DAN A CALL AT 348-9220, OR DROP THEIR NAME TO: Nominating Committee c/o GOARC, 3610 Dodge St., Omaha, NE 68131.

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THE GOARC IN-HOME TASK FORCE IS LOOKING FOR VOLUNTEERS INTERESTED IN DISCUSSING THE ISSUES RELATED TO IN-HOME SERVICES. IF YOU ARE INTERESTED CALL DAN AT 348-9220, OR DROP YOUR NAME TO: In-Home Task Force, c/o GOARC, 3610 Dodge St., Omaha, NE 68131.

PROGRAMS IN 1982

FOUR PART SERIES FOR PARENTS OF MULTIPLY AND/OR PHYSICALLY  
HANDICAPPED CHILDREN  
PRESENTATION ON STRESS MANAGEMENT  
FORUM ON SEIZURES  
FORUM ON NUTRITION  
FORUM ON GENETICS

PUBLICITY

- THE PILOT PARENT PROGRAM WAS FEATURED ON THE CHANNEL 3 PROGRAM 'MAKING IT'.
- THE PILOT PARENT PROGRAM WAS FEATURED IN ONE OMAHA WORLD HERALD STORY.

ADVISORY COMMITTEE

- THE PILOT PARENT ADVISORY COMMITTEE WILL HOLD 11 MEETINGS IN 1982.

- SITTER/COMPANIONS - IN 1981 GOARC ESTABLISHED A NEW PROGRAM TO ASSIST FAMILIES IN FINDING COMPETENT, WILLING, AND TRAINED SITTERS OR COMPANIONS FOR THEIR HANDICAPPED CHILD.

GOARC RECRUITS INDIVIDUALS IN THE COMMUNITY WHO ARE INTERESTED IN PROVIDING SITTER OR COMPANION SERVICES TO DEVELOPMENTALLY DISABLED PEOPLE. INTERESTED PERSONS ARE THEN PROVIDED WITH A 14 HOUR TRAINING PROGRAM WHICH CONCLUDES WITH AN ADDITIONAL 4 HOURS OF PRACTICUM EXPERIENCE.

AT THE COMPLETION OF THE PRACTICUM EXPERIENCE, ALL PROVIDERS ARE CERTIFIED THROUGH AN INTERVIEW AND REFERENCE PROCEDURE.

CERTIFIED PROVIDERS ARE THEN MAINTAINED ON A ROSTER IN THE GOARC OFFICES. FOR FAMILIES WHO ARE REGISTERED FOR THE PROGRAM, THE INFORMATION ON AN APPROPRIATE PROVIDER IS GIVEN, ON REQUEST.

AFTER GOARC HAS PROVIDED THE NAME OF AN APPROPRIATE SITTER OR COMPANION, THE FAMILY IS RESPONSIBLE FOR ANY FURTHER CONTACT WITH THE PROVIDER - INCLUDING RESPONSIBILITY FOR PAYMENT TO THE SITTER/COMPANION.

TRAINING AND RECRUITMENT ARE CARRIED OUT BI-ANNUALLY.

SITTER/COMPANION PROGRAM ACTIVITY IN 1982

PROVIDERS

- 24 NEW PROVIDERS WERE ADDED TO THE SITTER/COMPANION PROGRAM IN 1982 (62% INCREASE OVER THE NUMBER OF PROVIDERS AVAILABLE AT THE CLOSE OF 1981) FOR A TOTAL OF 63 CERTIFIED PROVIDERS IN DOUGLAS AND SARPY COUNTIES

TRAINING

- TWO TRAINING SESSIONS WERE HELD IN 1982 PROVIDING 14 HOURS IN EACH TRAINING SESSION AND A 4 HOUR PRACTICUM WITH EACH TRAINING SESSION

REGISTERED FAMILIES

- 47 NEW FAMILIES ARE PROJECTED TO BE ADDED TO THE SITTER/COMPANION PROGRAM IN 1982 (128% INCREASE OVER THE NUMBER OF REGISTERED



FAMILIES AT THE CLOSE OF 1981) FOR A TOTAL OF 97 REGISTERED FAMILIES IN DOUGLAS AND SARPY COUNTIES.

#### PUBLICITY

-THE SITTER/COMPANION PROGRAM WAS FEATURED IN A STORY IN THE OMAHA WORLD HERALD.

- GOYARC - THE GREATER OMAHA YOUTH ASSOCIATION FOR RETARDED CITIZENS IS A NETWORK OF INDIVIDUAL YOUTH CHAPTERS. CHAPTERS ARE BASED IN SCHOOLS, CHURCHES, OR OTHER LOGICAL ORGANIZING POINTS.

CHAPTERS ARE DESIGNED TO PROVIDE INTEGRATED SOCIAL ACTIVITIES FOR MENTALLY RETARDED TEENAGERS AND YOUNG ADULTS. CHAPTERS ARE FREE TO DESIGN THEIR OWN SOCIAL PROGRAMS WITH MONITORING BY THE GOARC PROGRAM DIRECTOR. CHAPTERS ARE GUIDED BY A VOLUNTEER ADVISOR(S).

#### GOYARC ACTIVITIES IN 1982

##### PROGRAM RE-DESIGN

-IN 1982 THE BASIC CONCEPT OF THE YOUTH GROUP WAS RE-DESIGNED. PROGRAM ACTIVITIES DID NOT TAKE PLACE. THE RE-DESIGN EFFORT LED TO THE PUBLICATION OF A NEW GOYARC HANDBOOK.

ORIENTATIONS ARE SCHEDULED FOR TWO SMALL CORE GOYARC CHAPTERS THAT WILL PROVIDE SERVICE FOR FROM 12-18 PEOPLE. WE HOPE THE GROUPS TO BE FUNCTIONAL BY THE END OF 1982.

##### THANK GOODNESS IT'S FRIDAY

-WHILE THE GOYARC ACTIVITIES WERE SUSPENDED, GOARC, IN COOPERATION WITH THE OMAHA PARKS AND RECREATION DEPARTMENT'S ADAPTIVE RECREATION PROGRAM, CO-SPONSORED A TGIF CLUB.

THE CLUB MET EIGHT TIMES OVER THE SUMMER OF 1983.

50 HANDICAPPED YOUNG ADULTS PARTICIPATED IN THE TGIF PROGRAM.

## PUBLIC EDUCATION PROGRAM

- RESOURCE ROOM - GOARC MAINTAINS A RESOURCE ROOM WITH BOOKS, BROCHURES, PAMPHLETS, AND OTHER MATERIALS RELATED TO MENTAL RETARDATION, LOCAL SERVICE PROGRAMS, RIGHTS AND LAW, AND A NUMBER OF OTHER SUBJECTS RELATED TO THE MENTAL RETARDATION/DEVELOPMENTAL DISABILITIES FIELD. MANY OF THE ITEMS ARE AVAILABLE TO THE PUBLIC AT NO CHARGE, OTHERS CAN BE CHECKED OUT OF THE RESOURCE ROOM FOR SHORT PERIODS OF TIME. ADDITIONS TO THE RESOURCE ROOM ARE MADE ON A REGULAR BASIS. THE RESOURCE ROOM IS OPEN DURING OFFICE HOURS, 8-5, MONDAY THROUGH FRIDAY.

#### RESOURCE ROOM ACTIVITY IN 1982

- A NUMBER OF ADDITIONALS HAVE BEEN MADE TO THE RESOURCE ROOM IN 1982, INCLUDING BOOKS, PAMPHLETS, AND BROCHURES.

- PUBLIC SERVICE ANNOUNCEMENTS - THROUGH THE PUBLIC EDUCATION PROGRAM, GOARC REGULARLY PREPARES AND FORWARDS PUBLIC SERVICE ANNOUNCEMENTS TO LOCAL RADIO AND TELEVISION STATIONS. THESE ANNOUNCEMENTS ARE DESIGNED TO PROVIDE INFORMATION ABOUT MENTAL RETARDATION AND THE WORK OF GOARC.

#### PUBLIC SERVICE ANNOUNCEMENT ACTIVITY IN 1982

- WE PROJECT THAT GOARC WILL HAVE DELIVERED OVER A DOZEN DIFFERENT PUBLIC SERVICE ANNOUNCEMENTS TO LOCAL RADIO AND TV STATIONS IN 1982.

- SPEAKERS BUREAU - GOARC MAINTAINS A SPEAKERS BUREAU OF OVER 30 SPEAKERS WHO ARE AVAILABLE, AT NO CHARGE, TO SPEAK ON A VARIETY OF TOPICS. TOPICS AVAILABLE INCLUDE:

THE PHILOSOPHY OF NORMALIZATION  
DOWN'S SYNDROME  
GENETICS COUNSELING (NOT PERSONAL COUNSELING)  
PARENT/INFANT BONDING  
MYTHS AND MISCONCEPTIONS ABOUT MENTAL RETARDATION  
A PARENT'S VIEW OF MENTAL RETARDATION  
HUMAN AND LEGAL RIGHTS OF MENTALLY RETARDED PEOPLE  
CAREERS IN THE HUMAN SERVICE FIELD  
SELF-ADVOCACY  
THE PHILOSOPHY OF DE-INSTITUTIONALIZATION  
IMPACT OF A CHILD WITH MENTAL RETARDATION ON FAMILY LIFE  
PILOT PARENTS  
GETTING A POSITIVE WORD TO YOUNG PEOPLE  
SPEECH AND LANGUAGE TRAINING  
SEX EDUCATION FOR PERSONS WITH MENTAL RETARDATION

SPEAKERS INCLUDE PARENTS, PROFESSIONALS, SIBLINGS, MEMBERS OF PROJECT II, AND OTHERS IN THE COMMUNITY WHO HAVE AN INTEREST AND EXPERTISE IN THE FIELD.

#### SPEAKERS BUREAU ACTIVITY IN 1982

- THERE ARE APPROXIMATELY 36 SPEAKERS AVAILABLE THROUGH THE SPEAKERS BUREAU IN 1982.
- WE PROJECT THAT THERE WILL BE 61 SPEAKING ENGAGEMENTS FILLED THROUGH THE SPEAKERS BUREAU IN 1982.

- INFORMATION FAIR - GOARC ALSO SPONSORS AN ANNUAL INFORMATION FAIR. THE FAIR WAS FIRST DEVELOPED AS A PART OF THE CELEBRATION OF THE INTERNATIONAL YEAR OF DISABLED PERSONS IN 1981. THE INFORMATION FAIR BRINGS TOGETHER SERVICE PROVIDERS AND OTHER ASSISTANCE AGENCIES.

#### INFORMATION FAIR ACTIVITY IN 1982

- 27 AGENCIES WERE REPRESENTED AT THE 1982 INFORMATION FAIR.

●FORUMS - GOARC SPONSORS INFORMATION FORUMS ON A VARIETY OF TOPICS.

FORUM ACTIVITY IN 1982

-GOARC PRESENTED THREE FORUMS IN 1982.

● PUBLIC RELATIONS - IN ADDITION TO THE PUBLIC SERVICE ANNOUNCEMENTS PREPARED BY THE ASSOCIATION, THE PUBLIC EDUCATION PROGRAM DIRECTOR WORKS CLOSELY WITH RADIO AND TELEVISION STATIONS TO INSURE COVERAGE OF ITEMS OF INTEREST RELATED TO MENTAL RETARDATION AND THE COMMUNITY. THIS WORK INCLUDES DEVELOPMENT OF HUMAN INTEREST STORIES, TALK SHOW APPEARANCES, EDITORIALS, AND NEWS RELEASES.

PUBLIC RELATIONS ACTIVITY IN 1982

-IN ADDITION TO THE TV AND NEWSPAPER TIME DEVOTED TO STORIES ABOUT INDIVIDUAL PROGRAM AREAS (SEE PILOT PARENTS AND SITTER/COMPANION PROGRAM ABOVE), GOARC PROVIDED THE FOLLOWING PUBLIC RELATIONS ACTIVITIES:

BRIEFINGS WERE PROVIDED FOR FOREIGN VISITORS FROM THREE COUNTRIES IN 1982.

A HALF-HOUR PROGRAM 'SUNDAY FRIENDS' WAS AIRED ON CHANNEL 7 RELATED TO RESTRICTIVE COVENANTS, ZONING, AND GROUP HOMES.

AN EDITORIAL RESPONSE WAS PREPARED AND SUBMITTED TO THE OMAHA WORLD-HERALD.

GOARC WAS REPRESENTED AT 3 HEALTH/INFORMATION FAIRS.

THERE WERE FOUR SHORT (5 MINUTE) TV APPEARANCES ARRANGED THROUGH GOARC.

## VOLUNTEER PROGRAM

● VOLUNTEERS HAVE ALWAYS PLAYED A KEY ROLE IN THE WORK OF GOARC. IT IS ESTIMATED THAT TWO VOLUNTEER HOURS ARE SPENT FOR EVERY STAFF HOUR IN THE OPERATION OF THE ASSOCIATION. VOLUNTEERS COME FROM ALL WALKS OF LIFE AND HAVE A VARIETY OF INTERESTS. THE GOARC VOLUNTEER PROGRAM IS DESIGNED TO RECRUIT, TRAIN, AND PLACE PEOPLE WHO ARE INTERESTED IN MENTAL RETARDATION AND THE WORK OF THE ASSOCIATION. MANY VOLUNTEERS ARE PLACED IN PROGRAM AREAS OF THE ASSOCIATION. THESE AREAS INCLUDE:

DIRECT ASSISTANCE TO MENTALLY RETARDED PEOPLE  
OFFICE AND CLERICAL WORK  
FUND RAISING  
PUBLIC EDUCATION  
SPEAKERS BUREAU  
BOARD OF DIRECTORS  
MONITORING TEAMS  
EDUCATIONAL SERVICES  
SPECIAL TASK FORCES  
PILOT PARENTS  
GOYARC ADVISORS

MANY OTHER VOLUNTEERS ARE PLACED WITH DIRECT SERVICE AGENCIES THRU THE 'LOANED VOLUNTEER' PROGRAM. VOLUNTEERS WHO ARE RECRUITED AND TRAINED BY GOARC ARE MATCHED TO NEEDS WITHIN AGENCIES INCLUDING ENCOR, THE MADONNA SCHOOL, AND OTHERS.

IN ADDITION TO THE RECRUITMENT, TRAINING, AND PLACEMENT OF VOLUNTEERS, THE GOARC VOLUNTEER PROGRAM ALSO PRESENTS AN ANNUAL AWARDS AND VOLUNTEER RECOGNITION NIGHT.

#### VOLUNTEER PROGRAM ACTIVITY IN 1982

-WE PROJECT THAT APPROXIMATELY 300 PEOPLE WILL PARTICIPATE IN GOARC ACTIVITIES, OR AS LOANED VOLUNTEERS, IN 1982.

THE LOANED VOLUNTEER PROGRAM IS EXPECTED TO PLACE 33 PEOPLE IN 1982.

#### UNAUDITED 1982 STATEMENT OF OPERATIONS

##### INCOME

CONTRIBUTIONS	\$ 5,925
UNITED WAY OF THE MIDLANDS	88,243
MEMBERSHIP DUES	3,787
SALES TO THE PUBLIC	1,571
SPECIAL EVENTS	21,378
GRANTS	308
OTHER	1,180
INVESTMENT INCOME	3,419
	<u>\$ 125,811</u>

##### EXPENSES

SALARIES	\$ 61,280
BENEFITS	1,045
TAXES	4,602
PROFESSIONAL FEES	4,525
SUPPLIES	2,231
TELEPHONE	4,688
POSTAGE	5,451
OCCUPANCY	11,284
RENTAL AND MAINTENANCE OF	
EQUIPMENT	1,731
PRINTING	4,378
TRANSPORTATION	1,622
CONFERENCES AND MEETINGS	1,849
AWARDS AND GRANTS	891
NATIONAL DUES AND ASSESSMENT	15,043
MISCELLANEOUS	7,629
	<u>\$ 128,249</u>
	( 2,438 )

## MEMBERSHIP INFORMATION:

ALL ISSUES OF THE GAZETTE ARE AVAILABLE TO INTERESTED PERSONS. IF YOU ARE A MEMBER OF GOARC WE WOULD ASK THAT YOU PASS ON THE INFORMATION TO ANOTHER FAMILY, A COLLEAGUE, OR AN INTERESTED PERSON.

IF YOU ARE NOT A MEMBER OF GOARC WE WOULD INVITE YOU TO BECOME A PART OF OUR ASSOCIATION. MEMBERS OF GOARC SHARE A SPECIAL RELATIONSHIP WITH THE ASSOCIATION'S WORK.

MEMBERS ARE ELIGIBLE TO VOTE ON ASSOCIATION MATTERS (INCLUDING THE ELECTION OF THE GOARC BOARD OF DIRECTORS) AT THE THREE GENERAL MEMBERSHIP MEETINGS HELD ANNUALLY. MEMBERS OF GOARC ARE ALSO MEMBERS OF THE ARC (ASSOCIATION FOR RETARDED CITIZENS) OF NEBRASKA, AND THE ARC OF THE US. THROUGH THESE LEVELS OF THE ARC MEMBERS PROVIDE SUPPORT FOR RESEARCH, THE DEVELOPMENT OF NEW SERVICES AND PROGRAMS, AND SUPPORT FOR THE INTERNATIONAL MOVEMENT IN MENTAL RETARDATION. MEMBERS ALSO PROVIDE VITALLY NEEDED FINANCIAL SUPPORT FOR GOARC AND THE STATE AND NATIONAL ARC UNITS.

ALL MEMBERS OF GOARC ARE ALSO ELIGIBLE TO APPLY, THROUGH THE ARC/US, FOR ENROLLMENT IN THE ARC LIFE INSURANCE PLAN AND THE ARC HOSPITAL DISABILITY PLAN FOR THEMSELVES OR THEIR DEPENDENTS - INCLUDING MENTALLY RETARDED DEPENDENTS AND MEMBERS.

MEMBERS OF GOARC AUTOMATICALLY RECEIVE 'LEGISLATIVE ACTION NEWS' AND THE 'FOCUS' PUBLISHED BY ARC/NE, AND THE 'ARC' PUBLISHED BY ARC/US.

### MEMBERSHIP APPLICATION

NAME \_\_\_\_\_

ADDRESS (HOME) \_\_\_\_\_

EMPLOYER NAME AND ADDRESS (OPTIONAL) \_\_\_\_\_

PHONE (HOME) \_\_\_\_\_

PHONE (WORK) \_\_\_\_\_

PLEASE CHECK ONE

PARENT ☐

PROFESSIONAL ☐

INTERESTED

CITIZEN ☐

IF YOU ARE A PARENT WE WOULD LIKE TO KNOW ABOUT YOUR SON OR DAUGHTER

SCHOOL \_\_\_\_\_

PROGRAM \_\_\_\_\_

OTHER SERVICES \_\_\_\_\_

AGE \_\_\_\_\_

PLEASE CHECK IF YOU ARE INTERESTED IN THE GOARC VOLUNTEER PROGRAM ☐

ADULT/FAMILY MEMBERSHIP DUES - \$12.00

PLEASE SEND TO - GOARC

3610 DODGE  
OMAHA, NE 68131



The Greater Omaha Association for Retarded  
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